


Control of hospital acquired infections and antimicrobial resistance in Europe: the way to go



Prof. Dr. Alex W. Friedrich
 Chair and head of department
 Medical Microbiology and Infection Control
 University Medical Center Groningen
 Netherlands

Webinar lecture 5-6-2020

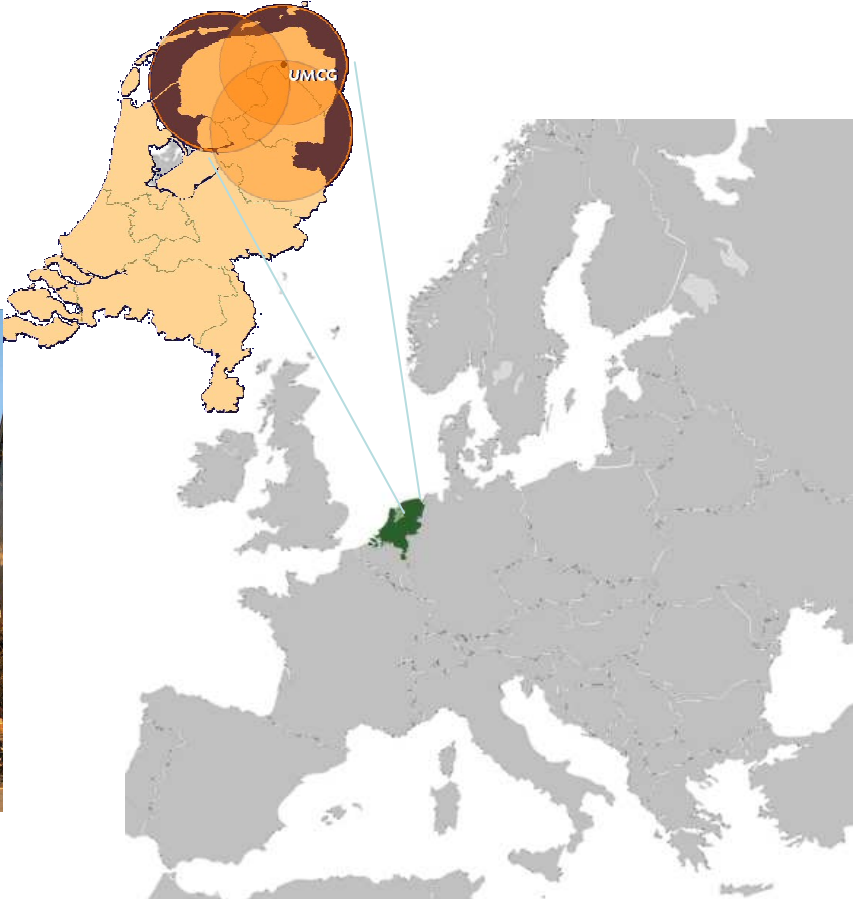
Disclosure of Conflict of Interest

Personal conflict of interest	None
Financial liaison with a company (also via family members)	None
Sponsorship	None
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Groningen, the very North of the Netherlands



Academy Square in Groningen



The next 20 minutes...

- The challenge
- The hidden reasons
- Think across borders
- Roll back CRE



Specific infectious Diseases

-> Primary disease

Obligatory Pathogens

Natural transmission way

Defined incubation-, carrier time

Epidemiology (TPP+species)

Public health medicine



Healthcare associated infections

-> Secondary disease

Facultative pathogens (e.g. CRE)

Healthcare generated transmission ways

Colonisation before infection

Infections depending on intervention

Molecular epidemiology

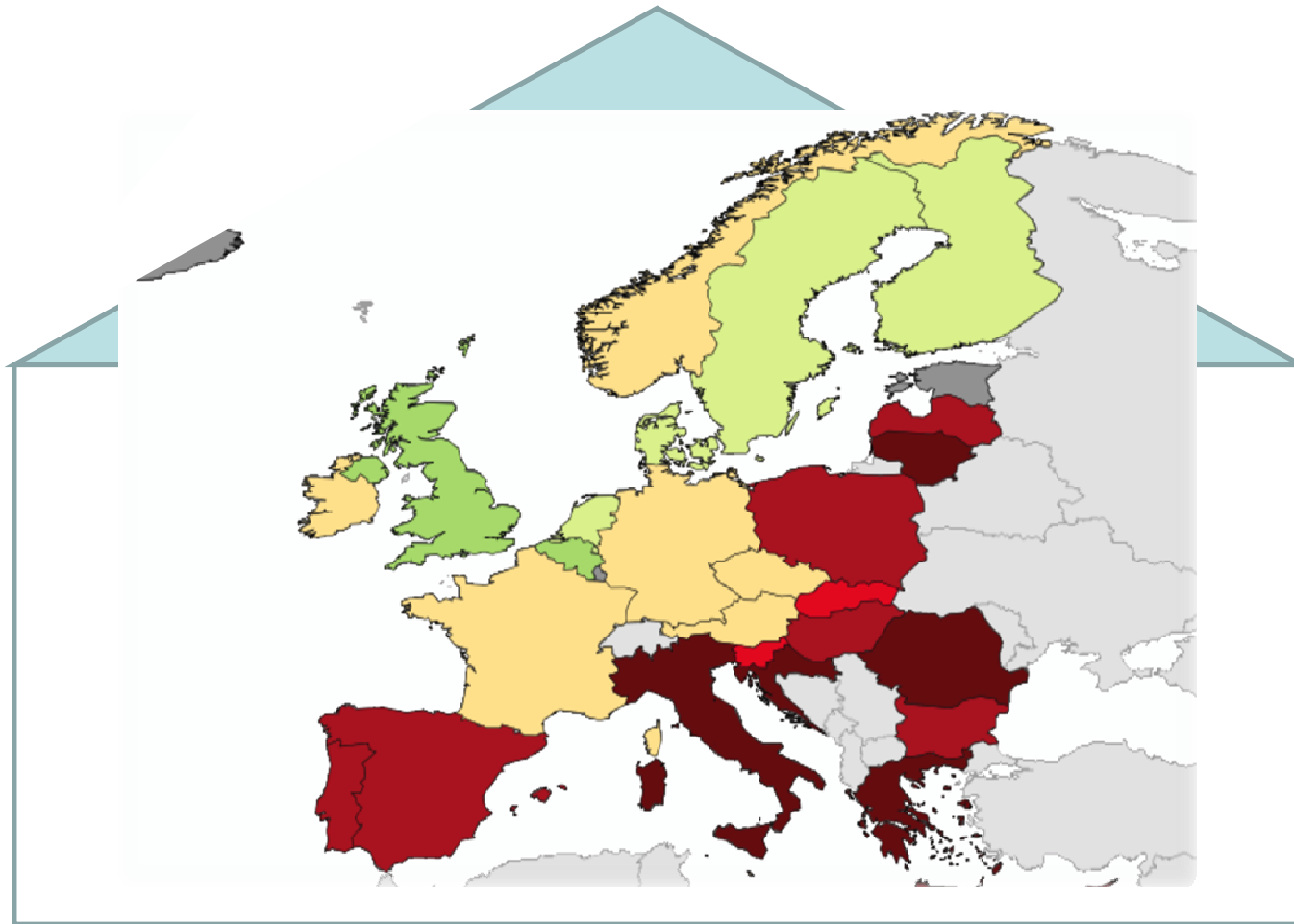
(TPP+species, resistance, subtype)

Network medicine

Imaging you're living in the first-floor appartement of a house and it erupts a fire on the roof. What will you do?

- A. Close the door of your appartement
- B. Close watersupply for the appartments at the roof
- C. Protect your appartement and help the others



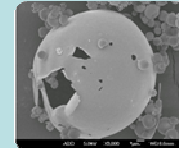
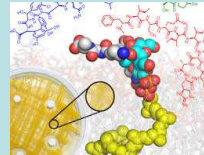


CR-A. *baumanii*, EARS-Net, 2017

Strategies against antibiotic resistance

1. New Antibiotics

- new compounds
- smart antibiotics



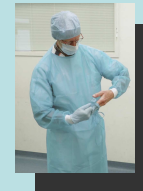
2. Antibiotics when needed (A-teams)

- resistance prevention



3. Transmission-prevention

- standard hygiene/desinfection
- isolation/cohorting



4. Eyes for the invisible (diagnostics)

- rapid, responsive
- personalised



5. Network-prevention

Reasons for spread of AMR

- Too many antibiotics
- Lack of hand hygiene
- Good guidelines, un-obedient HCW

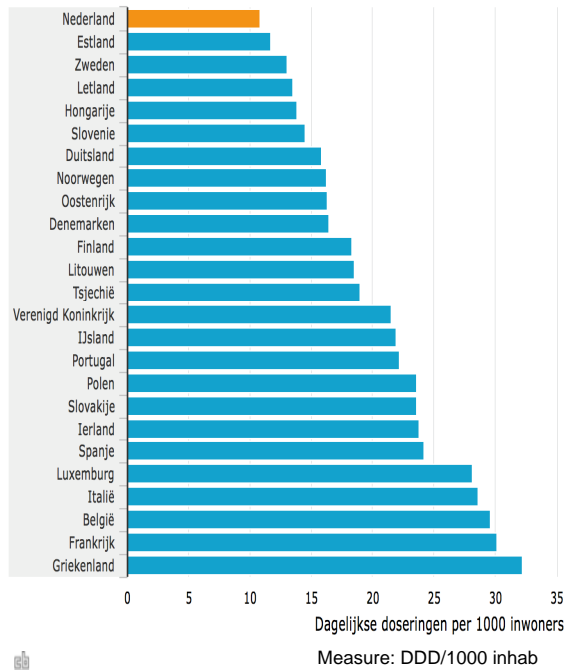


...15 minutes...

- The challenge
- The hidden reasons
- Think across borders
- Roll back CRE

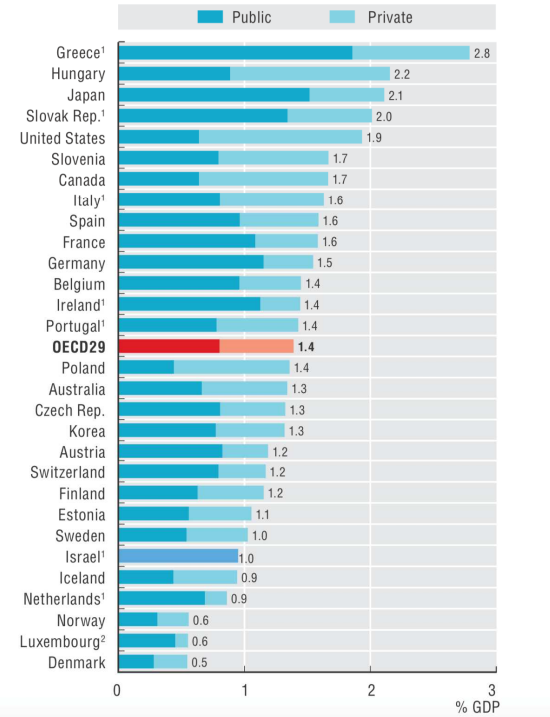
Comparison of rates of antibiotic prescription

Verstreckte antibiotica in Europa, 2013



Bron: OESO

10.3. Expenditure on pharmaceuticals as a share of GDP, 2013 (or nearest year)



Eurobarometer 2015

On national level

Crossborder comparison of antibiotics in children

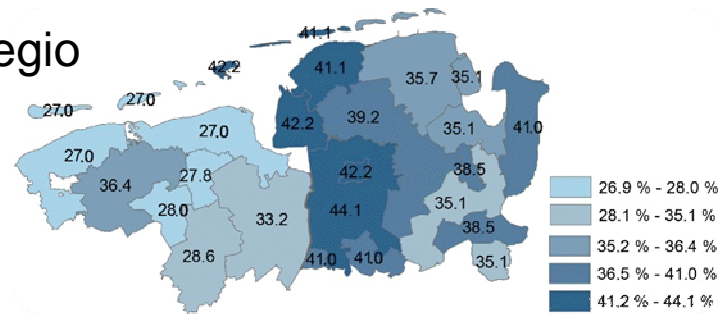


All prescriptions in children in Euregio

DE >> NL children

0-6 years old: NL: 37%
 DE: 55%

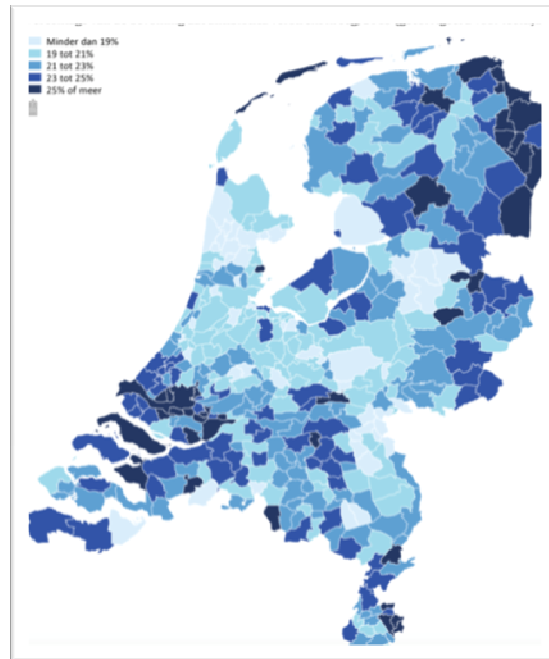
2nd Gen. Ceph: DE: 25%
 NL: 0,1%



Dik et al. 2015

Comparison of rates of antibiotic prescription

Netherlands



On regional level

Niedersachsen

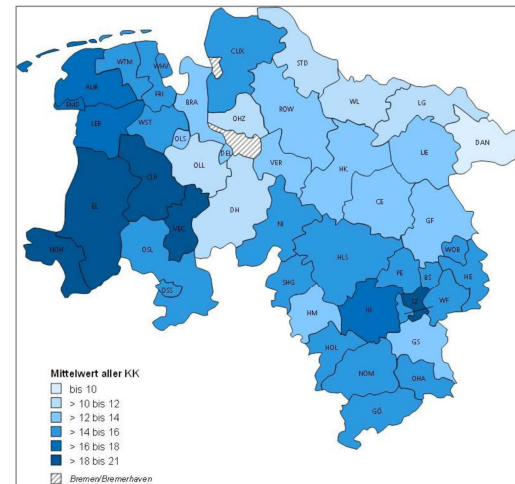
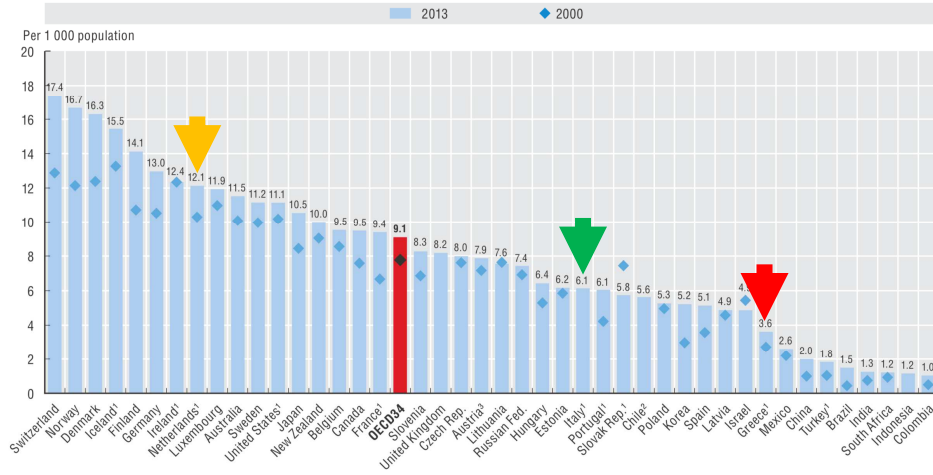


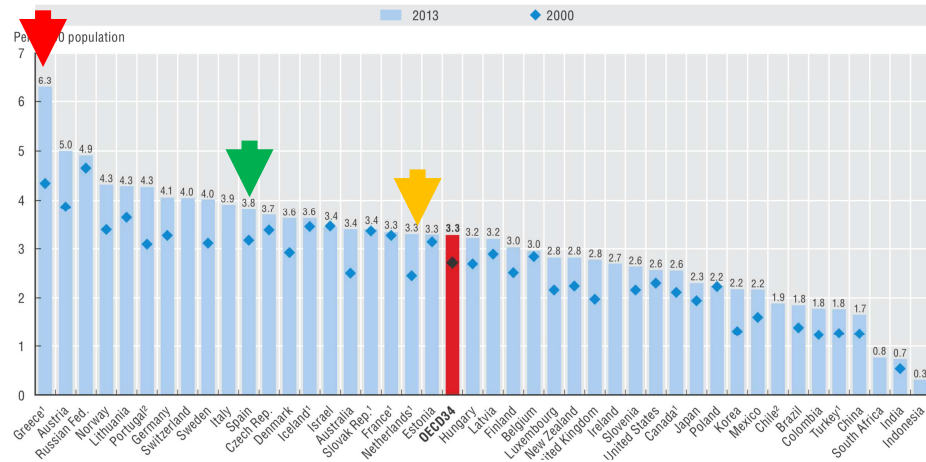
Abbildung 12: Verordnungsdichte(DDD/1000 Versichertentage) in den Landkreisen und kreisfreien Städten Niedersachsens 2015 über alle Altersklassen und alle ATC-Codes.

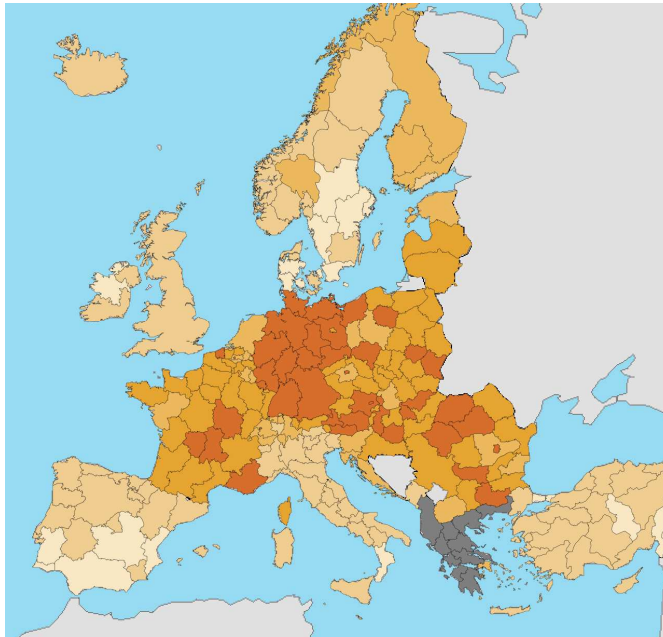
Measure: DDD/1000 inhab

5.13. Practising nurses per 1 000 population, 2000 and 2013 (or nearest year)

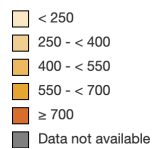


5.1. Practising doctors per 1 000 population, 2000 and 2013 (or nearest year)



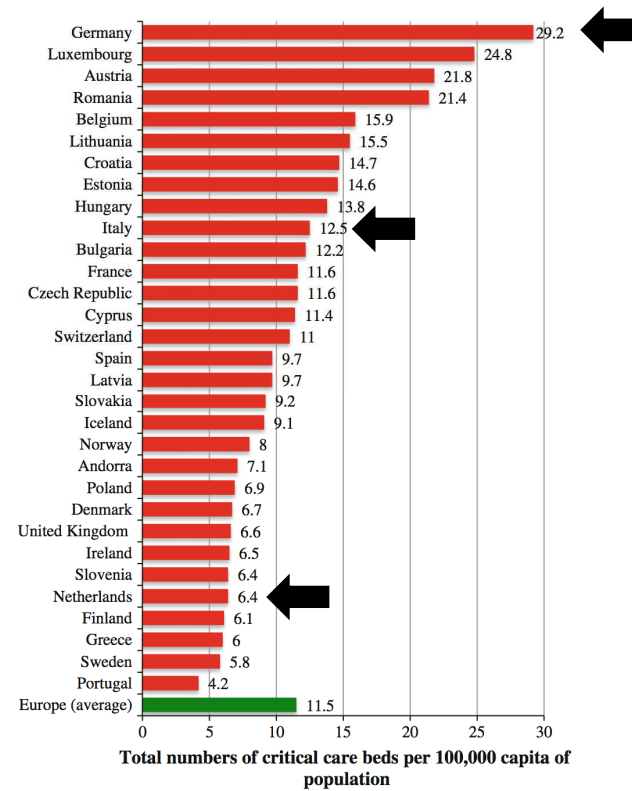


3.3 Number of hospital beds
 Number of hospital beds relative to population size, by NUTS 2 regions, 2015 (number per 100 000 inhabitants, EU-28 = 515)

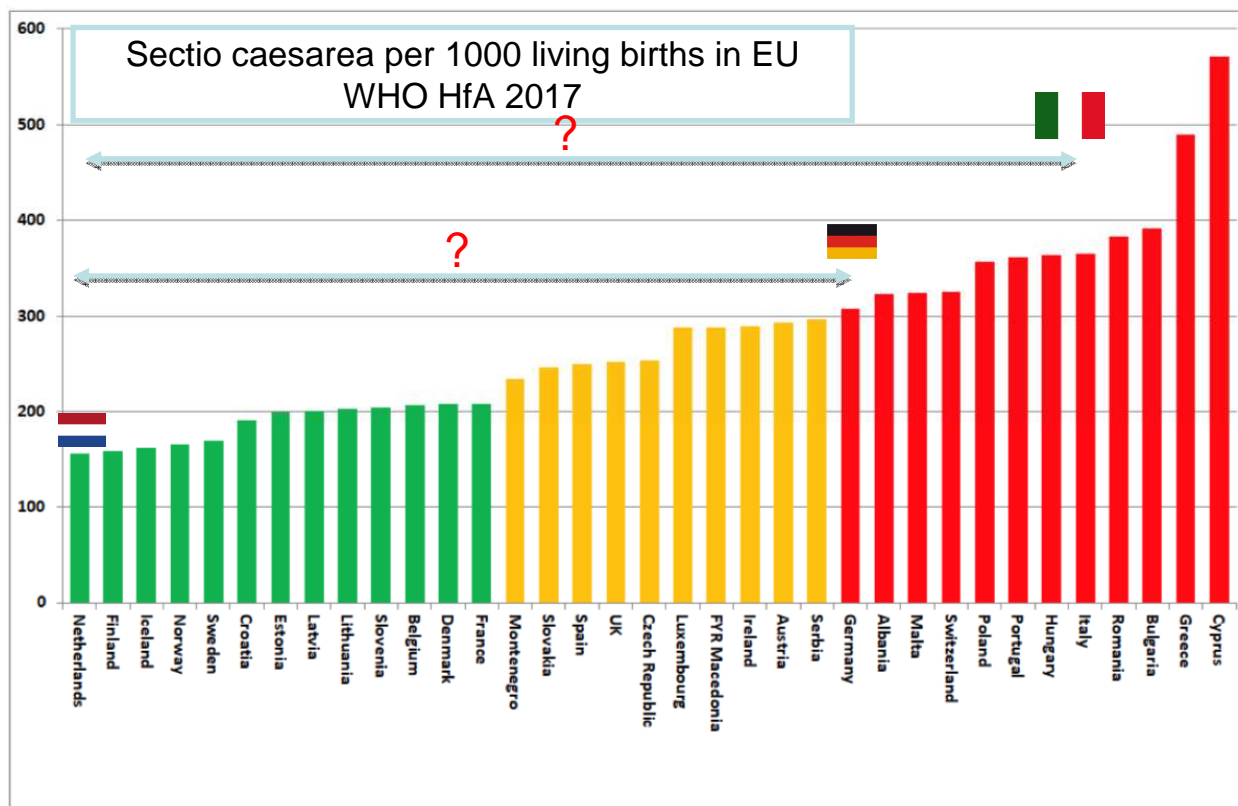


A. Rhodes
 P. Ferdinande
 H. Flaatten
 B. Guidet
 P. G. Metnitz
 R. P. Moreno

The variability of critical care bed numbers in Europe



Differences uncomfortable questions

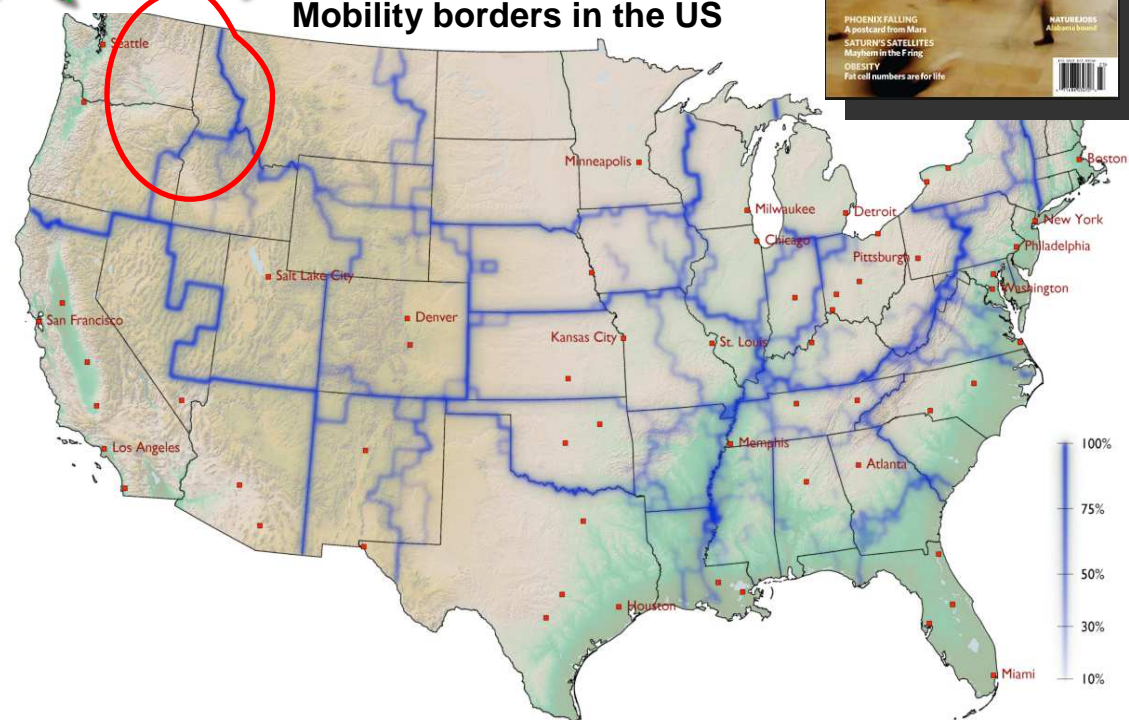


...still 10 minutes to go...

- **The challenge**
- **The hidden reasons**
- **Think across borders**
- **Roll back CRE**

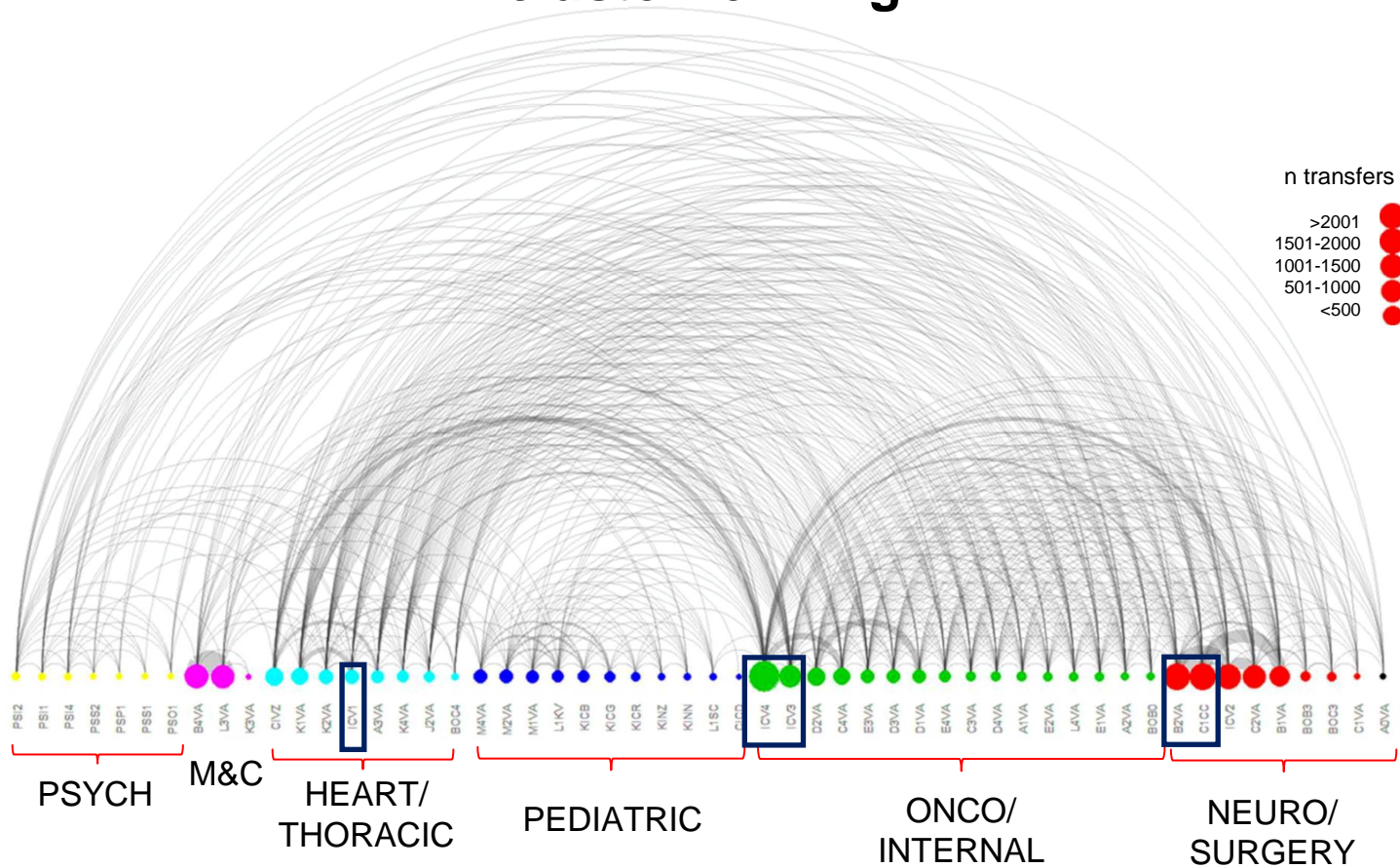


Mobility borders in the US

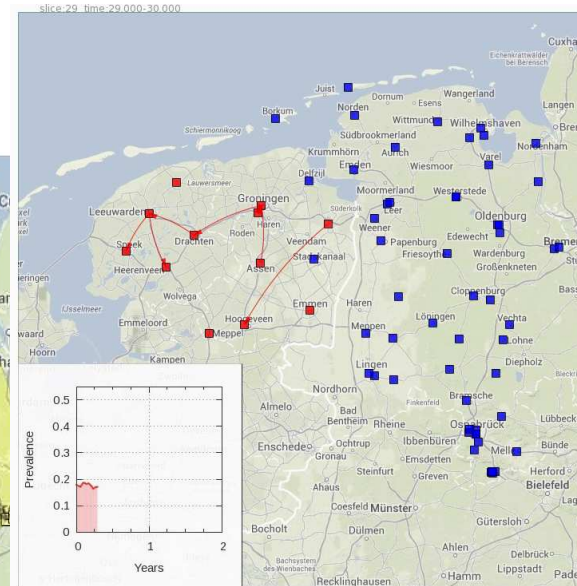
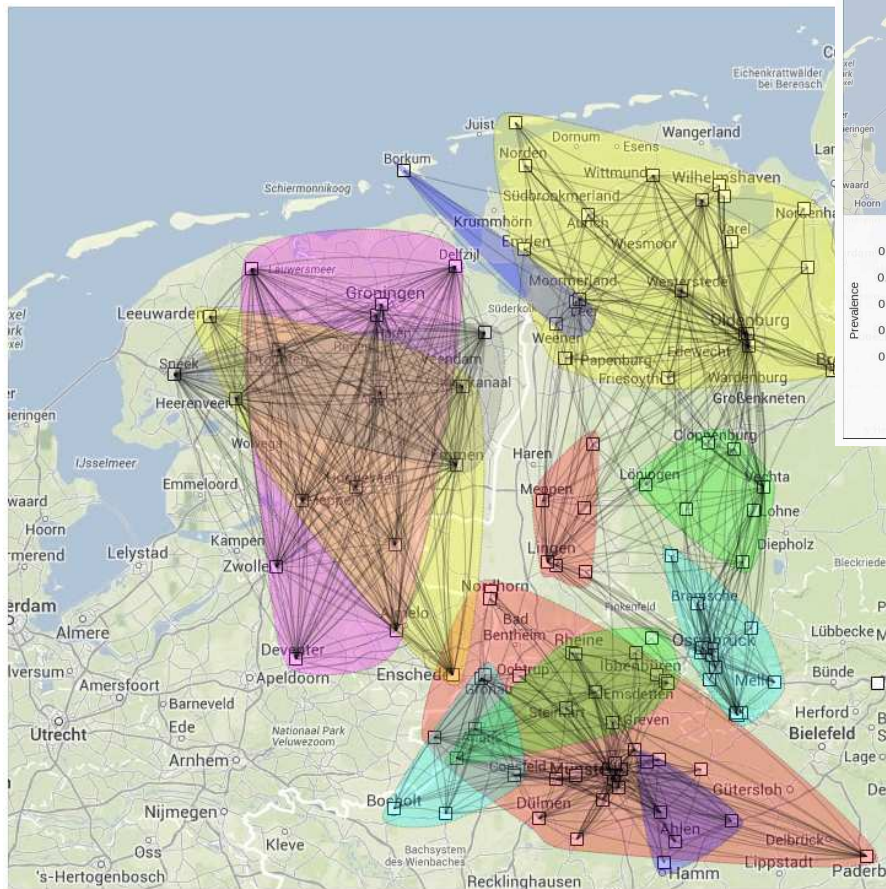


Courtesy: Dirk Brockmann, RKI

Patient transfer within hospitals show cluster forming



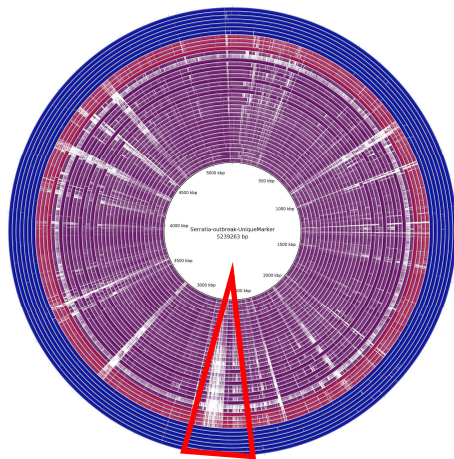
Data analysis: Frieso Coerts, UMCG



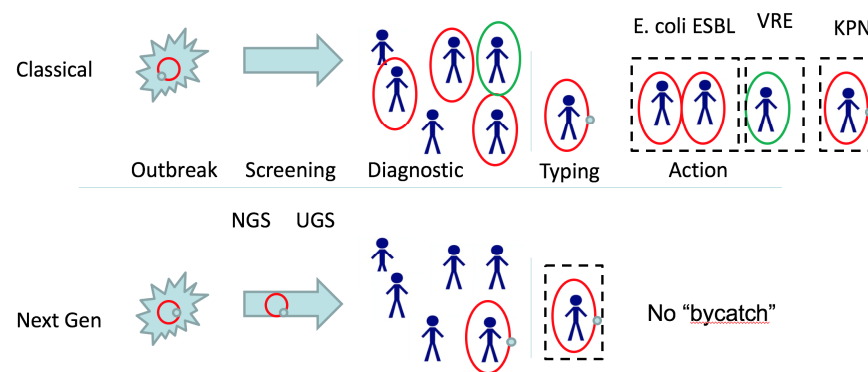
Data: Tjibbe Donker (UMCG- RIVM)
 Matthias Pulz (NLGA)
 Network analysis: Mariano Ciccolini

Using NGS for outbreak-specific screening test

- Next Gen sequencing
- Identifying **Unique Marker Signatures**
- **Ad hoc design** of Primers for outbreak isolate
- Appropriate infection control measures

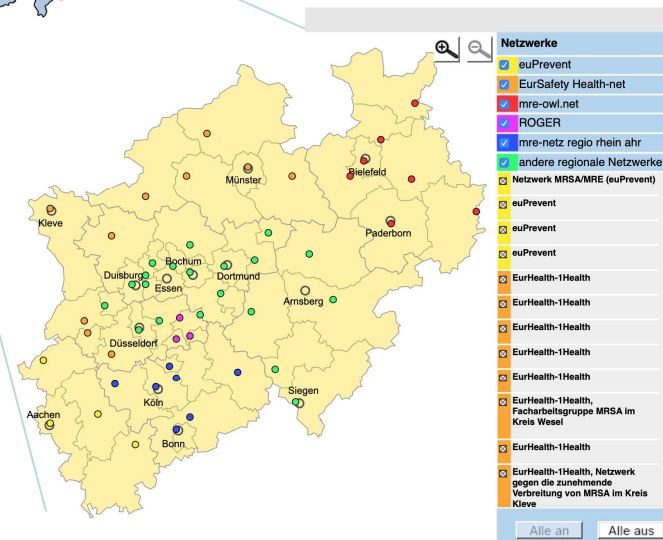
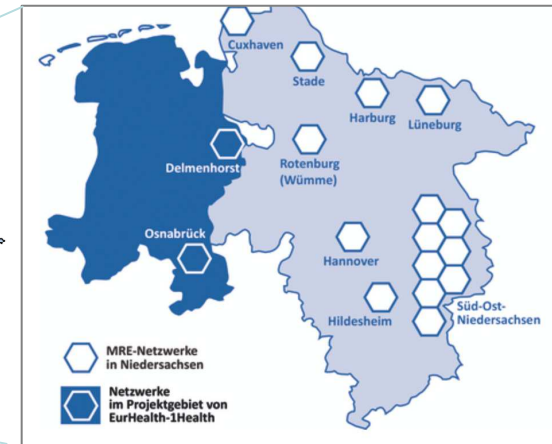
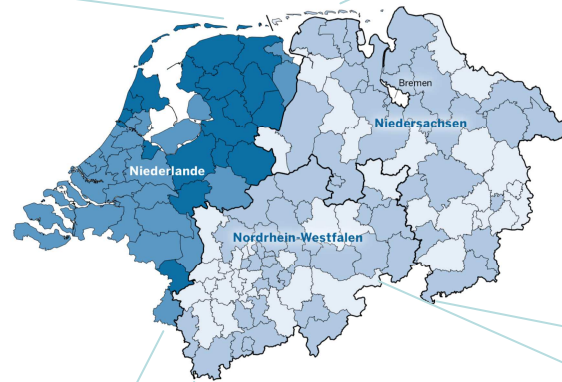


Comparative Genome analysis during a *K. pneumoniae*-outbreak



Zhou et al. Nat Scient Rep 2015

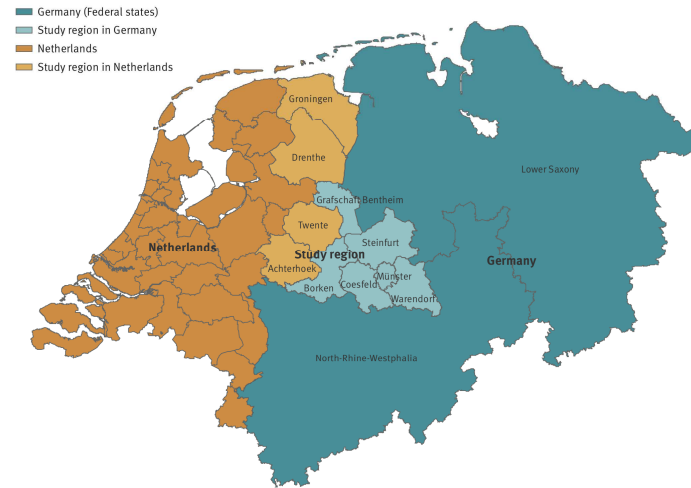
Crossborder network intervention



Glasner et al. 2018
Ciccolini et al. 2014
Jurke et al. 2019

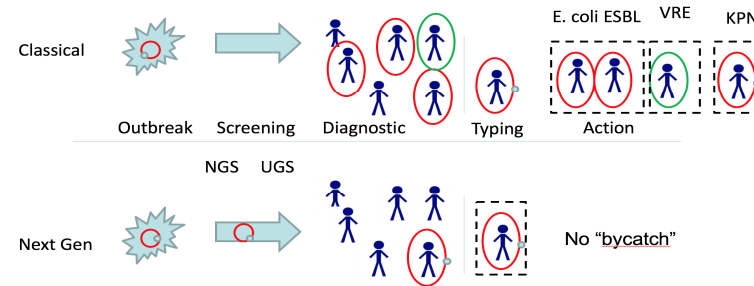
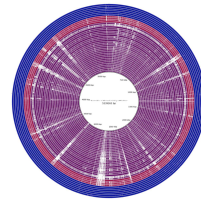
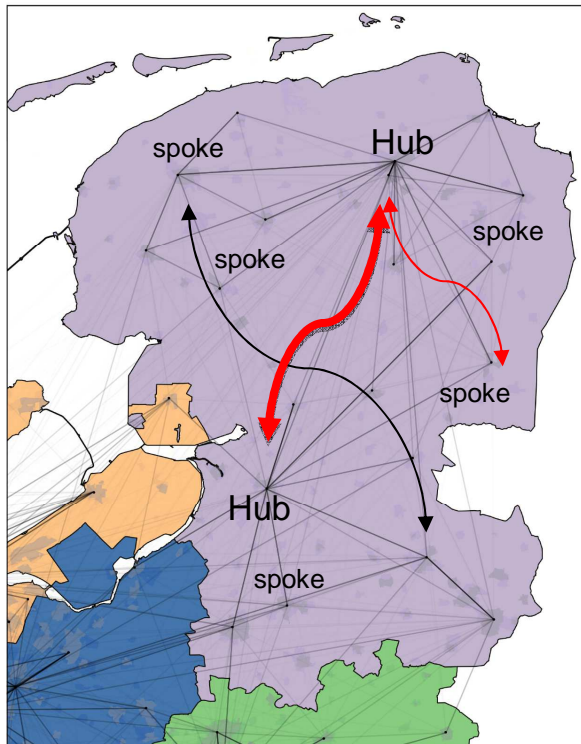
Network-Intervention

- 6 years follow up
- 42 Hospitals
- Area-wide Search&Follow-policy



Region	MRSA parameter	Year(s)					
		2012	2013	2014	2015	2016	2012–16
		Median (IQR)	Median (IQR)	Median (IQR)	Median (IQR)	Median (IQR)	p-value
DE	Nasopharyngeal swabs for MRSA screening per inpatients (%)	37.7	40.3	43.6	44.1	47.4	0.0006
	MRSA-cases/100 inpatients	1.1	1.0	1.0	1.1	0.9	0.0814
	MRSAB/SAB (%)	12.5	14.3	10.5	9.8	5.0	0.0959
	MRSAB/100,000 patient-days	1.3	2.6	1.7	1.2	1.5	0.4272
	Nosocomial MRSA cases/1,000 patient days	0.11	0.09	0.09	0.08	0.07	0.0184
NL	Nasopharyngeal swabs for MRSA screening per inpatients (%)	2.05	3.65	2.80	3.55	5.45	0.0188
	MRSA-cases/100 inpatients	0.11	0.13	0.12	0.13	0.17	0.0816
	MRSAB/SAB (%)	0.7	1.6	1.0	1.9	0.0	0.1679
	MRSAB/100,000 patient-days	0.3	0.6	0.6	1.0	0.0	0.0620
	Nosocomial MRSA cases/1,000 patient days	0.03	0.025	0.035	0.030	0.015	0.3532

Hub&Spoke Intervention



Spokes

- Regional screening and situation-adapted diagnostic
- “Swarm-diagnostic”

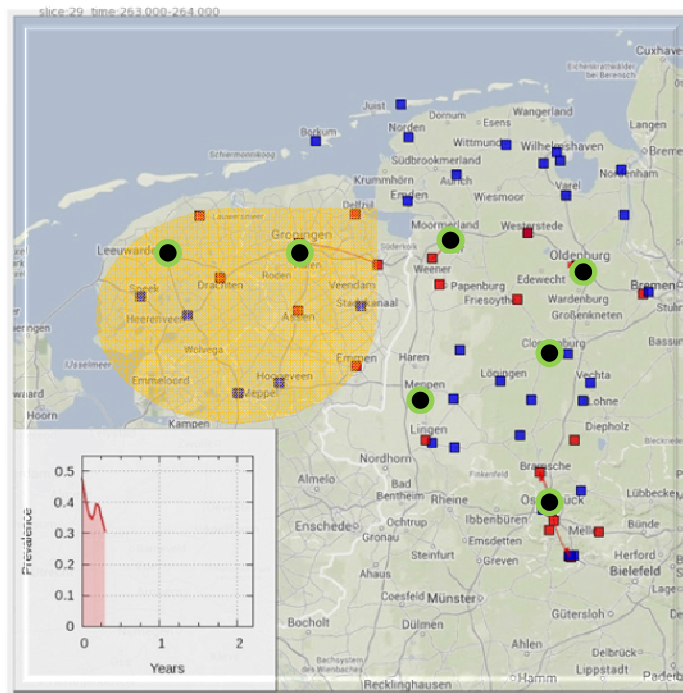
Hubs

- Tailor-made and outbreak-specific primer
- Regional sharing of primers

- No attitude of competition within a region
- Network organization (bottom up)
- Rapid, responsive, relevant
- Regional AMR-prevention budget: 1 Euro/inh./y

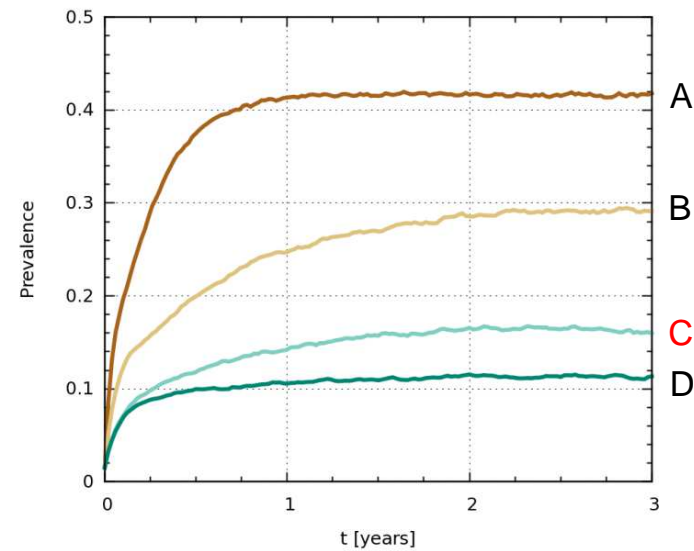
Hub&Spoke-intervention in the Dutch-German Euregio

- hub-hospital
- spoke-hospital



Effect on outbreak dynamic

- [A] No reduction —
- [B] All hospitals, 50% reduction —
- [C] 5+5 most central hospitals, 80% reduction —
- [D] Combined strategy [A]+[B] —



COVID-19: The underestimated role of healthcare workers and healthcare facilities in the spread

China

Table 1. Baseline Characteristics of Patients Infected With 2019-nCoV

	No. (%)			P Value ^a
	Total (N = 138)	ICU (n = 36)	Non-ICU (n = 102)	
Age, median (IQR), y	56 (42-68)	66 (57-78)	51 (37-62)	<.001
Sex				
Female	63 (45.7)	14 (38.9)	51 (37-62)	.34
Male	75 (54.3)	22 (61.1)	53 (52.0)	
Huanan Seafood Wholesale Market exposure	12 (8.7)	5 (13.9)	7 (6.9)	.30
Infected				
Hospitalized patients	17 (12.3)	9 (25.0)	8 (7.8)	.02
Medical staff	40 (29)	1 (2.8)	39 (38.2)	<.001
Comorbidities	64 (46.4)	26 (72.2)	38 (37.3)	<.001
Hypertension	43 (31.2)	21 (58.3)	22 (21.6)	<.001
Cardiovascular disease	20 (14.5)	9 (25.0)	11 (10.8)	.04
Diabetes	14 (10.1)	8 (22.2)	6 (5.9)	.009
Malignancy	10 (7.2)	4 (11.1)	6 (5.9)	.29
Cerebrovascular disease	7 (5.1)	6 (16.7)	1 (1.0)	.001
COPD	4 (2.9)	3 (8.3)	1 (1.0)	.054
Chronic kidney disease	4 (2.9)	2 (5.6)	2 (2.0)	.28
Chronic liver disease	4 (2.9)	0	4 (3.9)	.57
HIV infection	2 (1.4)	0	2 (2.0)	>.99

JAMA, Wang et al.

Italy

TOP NEWS

LA STAMPA

L'odissea in corsia di medici e infermieri: 2.000 fermati da contagi e quarantene

Spesso la colpa è di pazienti che non denunciano i contatti a rischio. Alle Molinette di Torino stop a 31 addetti



Philippines DOH: 1,245 healthcare workers test positive for coronavirus; 27 die



By: **Daphne Galvez** - Reporter / @DYGalvezINQ
INQUIRER.net / 05:10 PM April 27, 2020



Click to listen now

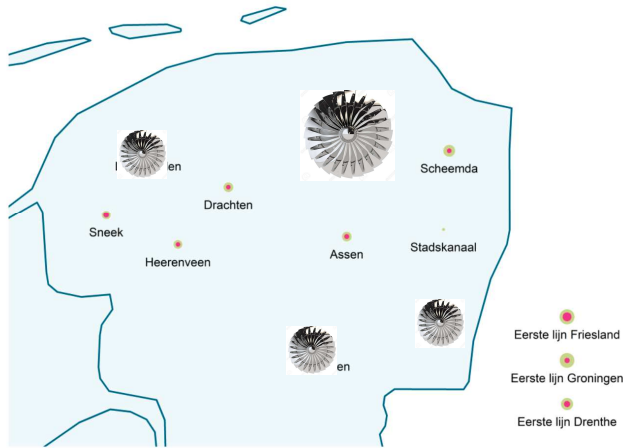
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MANILA, Philippines — A total of 1,245 health care professionals have so far been infected with the novel coronavirus or SARS-CoV-2 which causes the coronavirus disease 2019 (COVID-19).

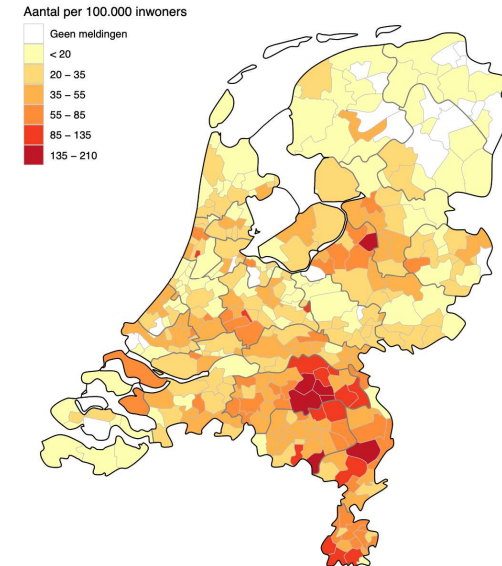
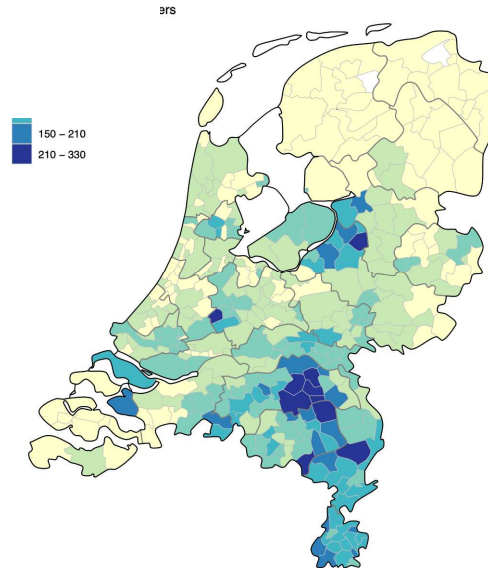
Of the number, 27 have succumbed to the disease — 21 of which are doctors, Health Undersecretary Maria Rosario Vergeire announced on Monday.

COVID-19: Regional Reality



**Hospital admissions
per 100.000 inhabitants**

**Confirmed deaths
per 100.000 inhabitants**



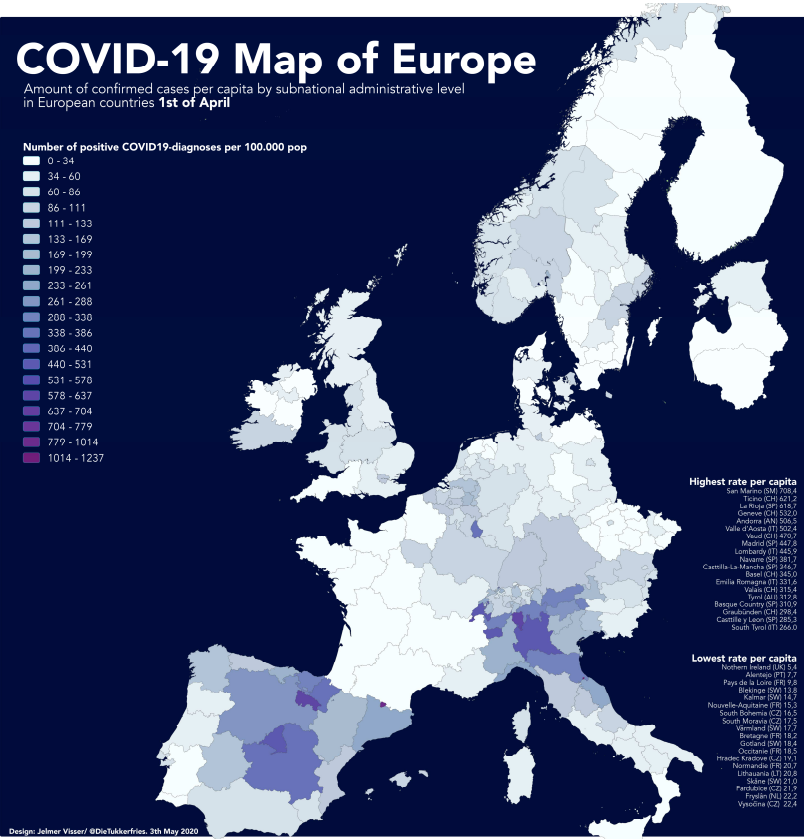
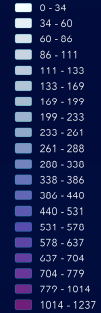
Risk of nosocomial transmission:

- From patient to HCW
- From HCW to HCW
- From patient to patient
- From hospital to hospital
- patient referral
- double appointments

COVID-19 Map of Europe

Amount of confirmed cases per capita by subnational administrative level in European countries 1st of April

Number of positive COVID19-diagnoses per 100.000 pop



Highest rate per capita

- San Marino (SM) 1024
- Ticino (CH) 621.2
- La Rioja (ES) 512.2
- Geneva (CH) 532.0
- Andora (AN) 505.5
- Valle d'Aosta (IT) 502.4
- Basel (CH) 492.9
- Madrid (SP) 447.8
- Lombardy (IT) 445.9
- Navarra (SP) 381.7
- Castilla-La Mancha (ES) 346.3
- Basel (CH) 345.0
- Emilia Romagna (IT) 331.6
- Valais (CH) 315.4
- Tyrol (AT) 312.6
- Basque Country (SP) 310.9
- Cantabria (CH) 298.8
- Castilla y Leon (ES) 282.8
- South Tyrol (IT) 269.0

Lowest rate per capita

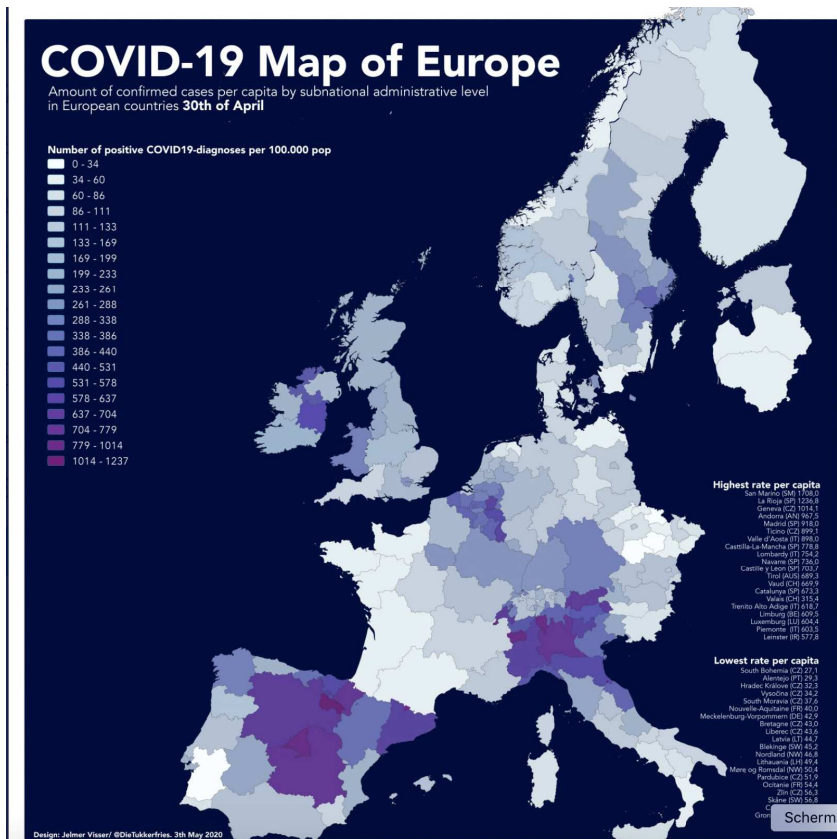
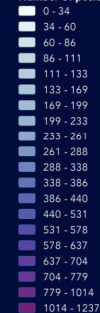
- Northern Ireland (UK) 3.1
- Herzegovina (HR) 2.4
- Pays de la Loire (FR) 1.8
- Bulgaria (BG) 1.3
- Saint-Martin (FR) 1.2
- Nouvelle-Aquitaine (FR) 1.3
- South Bohemia (CZ) 1.2
- South Moravia (CZ) 1.2
- Brittany (FR) 1.2
- Basque Country (ES) 1.4
- Occitania (FR) 1.5
- Normandie (FR) 1.9
- Normandie (FR) 2.0
- Uppsala (SE) 2.0
- Skåne (SE) 2.1
- Friesland (NL) 2.2
- Friesland (NL) 2.2
- Vojvodina (RS) 2.4

Design: Jelmer Visser / @DitTikkerfries, 3th May 2020

COVID-19 Map of Europe

Amount of confirmed cases per capita by subnational administrative level in European countries 30th of April

Number of positive COVID19-diagnoses per 100.000 pop



Highest rate per capita

- San Marino (SM) 1703.0
- La Rioja (ES) 1228.8
- Geneva (CH) 1014.1
- Andora (AN) 992.6
- Madrid (ES) 918.0
- Ticino (CH) 899.1
- Valle d'Aosta (IT) 898.0
- Castilla-La Mancha (ES) 778.8
- Lombardy (IT) 726.2
- Navarra (SP) 726.0
- Cantabria (ES) 702.7
- Tyrol (AT) 689.3
- Basel (CH) 669.9
- Cantabria (ES) 672.3
- Valais (CH) 615.4
- Trentino Alto Adige (IT) 618.7
- Lombardy (IT) 609.5
- Luxembourg (LU) 604.4
- Parsons (FR) 603.5
- Leinster (IR) 577.8

Lowest rate per capita

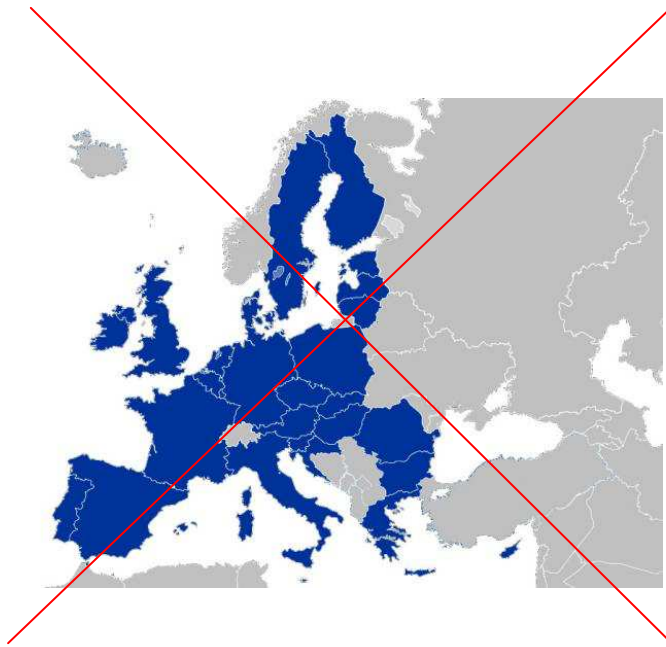
- South Bohemia (CZ) 27.1
- Moravia (FR) 29.3
- Haidud-Krakové (CZ) 32.3
- Apulia (IT) 34.2
- South Moravia (CZ) 37.6
- Nouvelle-Aquitaine (FR) 40.0
- Mecklenburg-Vorpommern (DE) 42.9
- Liberec (CZ) 43.6
- Lower (IT) 44.7
- Blekinge (SE) 45.8
- Normandie (FR) 46.8
- Liberec (CZ) 48.4
- Møre og Romsdal (NO) 50.4
- Prähara (DE) 51.9
- Occitania (FR) 54.4
- Basel (CH) 56.3
- Skåne (SE) 56.6

Design: Jelmer Visser / @DitTikkerfries, 3th May 2020

...still 10 minutes to go...

- **The challenge**
- **The hidden reasons**
- **Think across borders**
- **Roll back CRE**

From national statistics...



Roll-back MDRO!

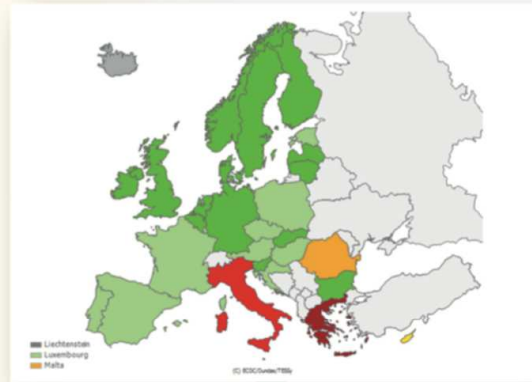
...to regional intervention reality!

CRE-free in 2030

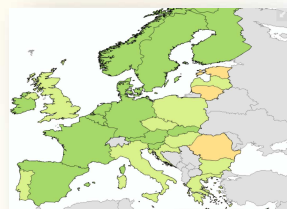
- 250 AMR Prevention Regions
- Inter-mural Network-forming
- Regional System-budget
- Inter-regional clustering and collaboration



273 European Prevention Regions (NUTS2)



2019



2030



Prevention-economic model

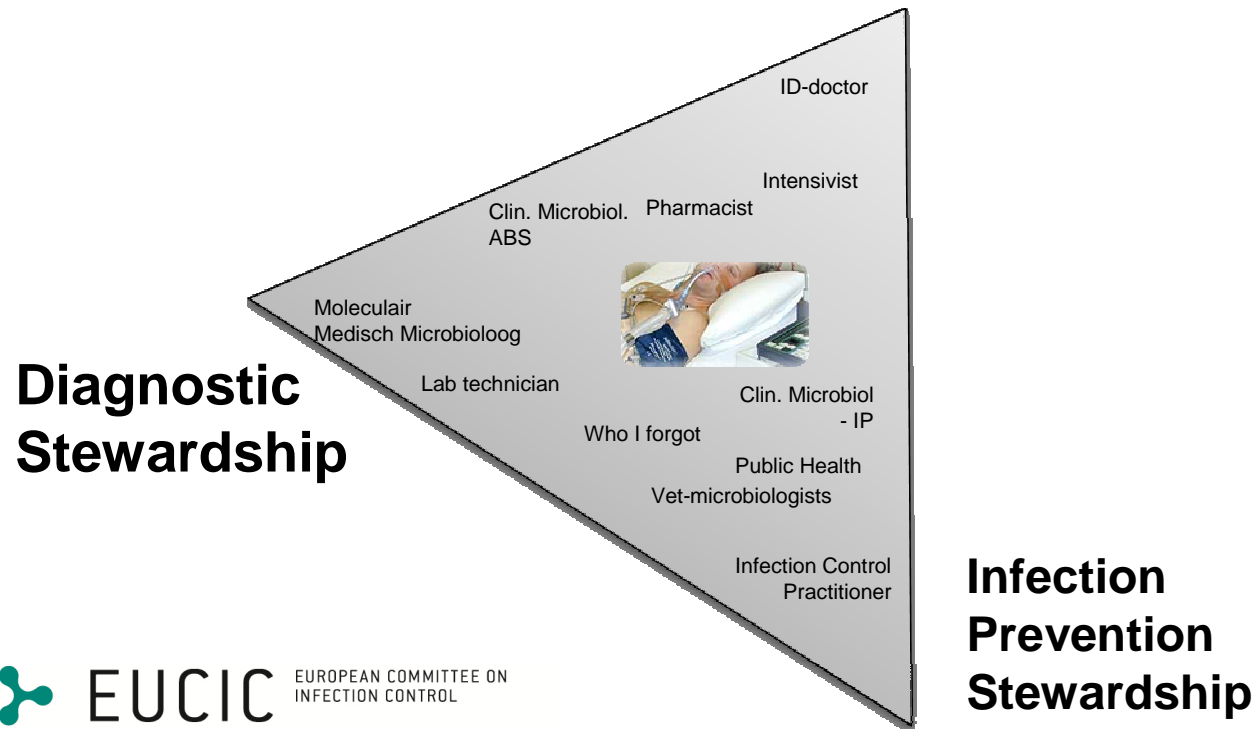
- Integrated cost models for diagnostics within the price of the antibiotics
- Regional prevention budgets (system allowance)

A financial incentive for rapid diagnostic in acute-care hospitals (Euro-hour-model)

Prevention-fostering reimbursement following an insurance model, whereby risk behaviour (e.g. high SSI, low hand hygiene) gets risk premium

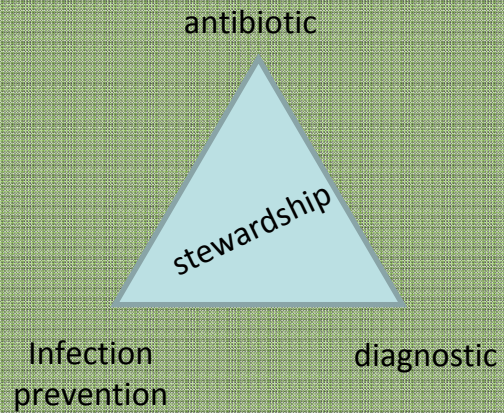
From competence to meta-competence

Therapy Antimicrobial Stewardship



meta- competence

To know, how it should be from one profession pointview, is just not enough

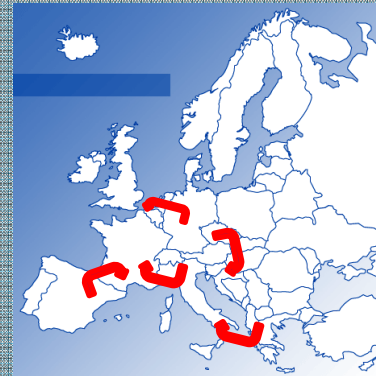


“Every professional can offer an answer to others”

It's all about humblesness

European competence

To know, how it works in one country, is just not enough



“Every country can offer an answer to others”

It's all about curiosity

First cohort “European Infection Prevention and Control Certificate”

February 2018 – April 2020

36 Trainees from 17 countries are enrolled



Evelina Tacconelli, Verona
EUCIC Chair

Nico T. Mutters, Freiburg
Scientific Coordinator

Alex W. Friedrich, Groningen
Clinical Coordinator

**Basic
module**

- 4 day course covering basic aspects of IPC / fixed dates

1x

**Advanced
module**

- 1-2 day course on various advanced IPC topics / fixed dates / one before ECCMID

6x

**Local
module**

- 1 day course or practical training on special competence in IPC at national level

3x

10x in 2 years



EUCIC general meeting, ECCMID 2018



EUCIC – TRAINING PROGRAM IS ONGOING

- Type of modules
- Advanced & basic
 - Local
 - Observerships



EUCIC Local Module

Designing and implementing Point Prevalence Surveys of healthcare-associated infections and antibiotic use

Heraklion Crete, Greece
4 - 6 April 2019

EUCIC Local Module

Improving Antibiotic Prescription and Infection Control in the Emergency Room

Lisbon, Portugal
7 April 2018

EUCIC Local Module

Infection Prevention and Control

Madrid, Spain
30 November – 1 December 2018

EUCIC Advanced Module

Dynamics of Disease Transmission: From Genomes to Infection Control, from Beds to Bases and Bytes

Freiburg, Germany
14 – 16 January 2019

EUCIC Local Module

Antimicrobial Therapy and Antimicrobial Stewardship

Porto, Portugal
15 – 19 October 2018

EUCIC Advanced Module

Epidemiology and Data analysis in Infection Control

Utrecht, Netherlands
24 – 27 October 2018

EUCIC basic module

Infection Prevention and Control

Groningen, Netherlands
25 February – 2 March 2018

EUCIC Local Module

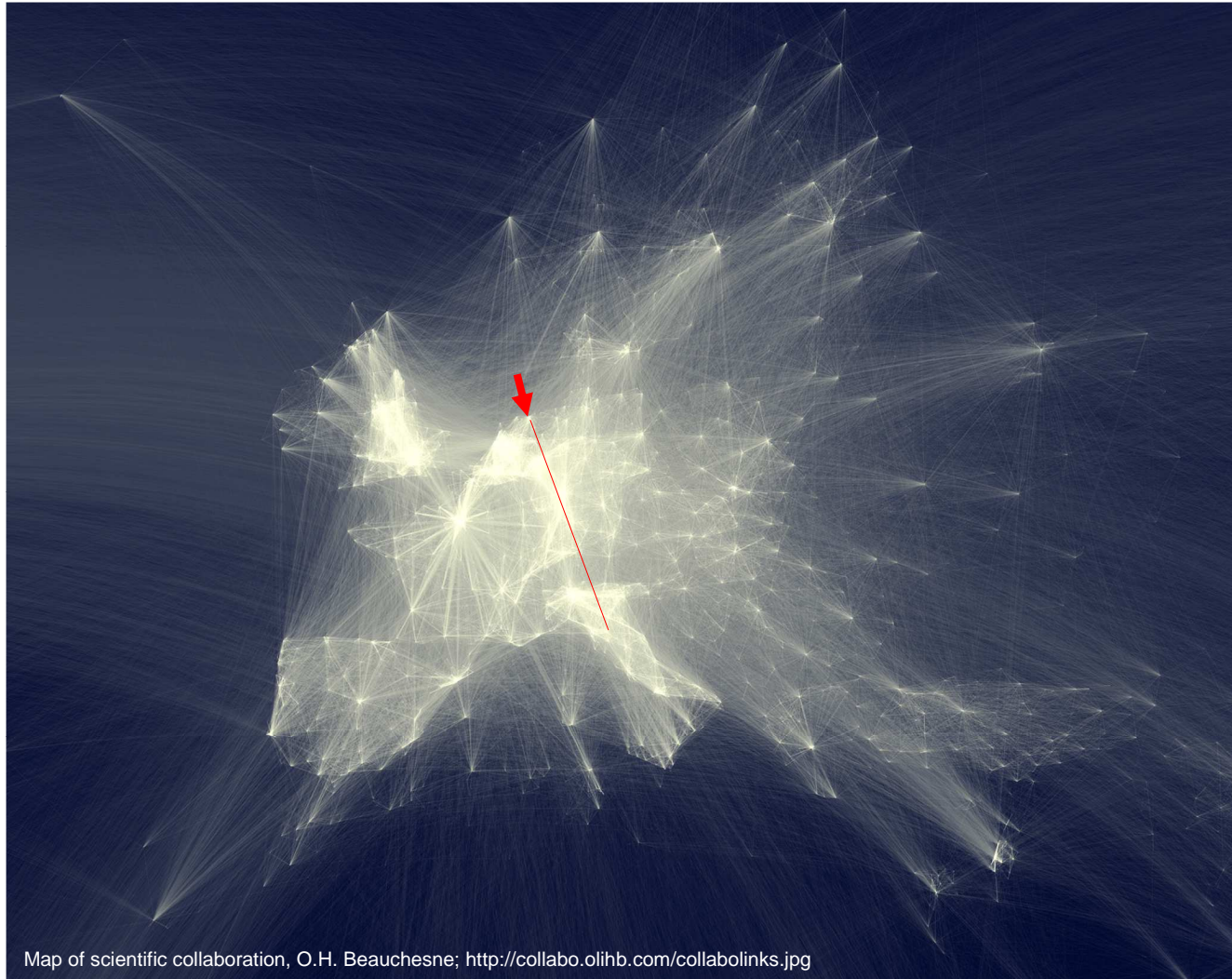
Infection Prevention and Control

Bucharest, Romania
20 – 22 February 2019

**Next EUCIC cohort will start :
Basic course:
Postponed to 2021**



Basic course 2018-2020



Our scientific network is our most resilient weapon against infections

Mille grazie!