# Antimicrobial use and stewardship: a global perspective

# Uso e gestione degli antimicrobici in una visione globale

17.06.2025 Benedikt Huttner bhuttner@who.int

### Antimicrobico-resistenza: cure e ambiente #8

Antibiotici: troppi o troppo pochi?

CONVEGNO ACCREDITATO ECM: crediti n. 7

**17 giugno 2025 ore 10.00–18.00** Auditorium di Sant'Apollonia via S. Gallo, 25/a - Firenze



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# Disclaimer 1

# I am full-time staff member of WHO

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## Disclaimer 2

# Il mio italiano è un po' «arrugginito»…

### Burden of Antimicrobial Resistance

Increase in deaths from sepsis (>5 years) from
8.81 million (8.30–9.32) in 1990, to 11.0 million (10.2–11.7) in 2019
8.51% (8.00–8.95) sepsis deaths attributable to AMR



### **Counterfactuals:**

- associated with AMR: no infection
- attributable to AMR: drug-sensitive infection

**US\$ 855** for treating resistant infections and productivity losses by 2050 Up to 118 decline in livestock by 2050

GBD, Lancet, 2024, GLG group. 2024; World Bank Group. 2017.

WHO strategic and operational priorities to address drug-resistant bacterial infections in the human health sector, 2025-2035



**Resolution WHA77.6** welcomed WHO priorities for addressing drug-resistant bacterial infections, 2025-2035. Priorities align with **WHO's Fourteenth General Programme of Work.** 



# Antibiotics are among the most commonly prescribed medicines

- Globally: 34.3 billion billion DDD in 2023 for a population of 8.1 billion
  - = about 4.2 DDD for every person in the world per year
- In some LMICs children receive up to 25 antibiotic prescriptions for respiratory tract infection or fever during their first 5 years of life
  - Most of them inappropriate

et al. Proc Natl Acad Sci U S A. 2024 Dec 3;121(49):e2411919121. Fink et al. Lancet Infect Dis. 2020 Feb;20(2):179-187.

# Inappropriate use of antibiotics is common everywhere

- Two recent stories from my family
- 55-year-old female, COVID (PCR +), sore throat
  - Physician performs rapid streptococcal antigen test => positive
  - Amoxicillin / calvulanate at pediatric dose for 10 days
  - Wrong indication, wrong antibiotic, wrong dose, wrong duration
- 30-year-old otherwise healthy female, fever, mild sore throat, headache
  - Prescription of amoxicillin / clavulanate by telephone
  - Duration not specified
  - Wrong indication, wrong antibiotic, wrong dose, wrong duration



Total antibiotic use expressed as DDD per 1000 inhabitants per day in 60 CTAs in 2022, globally and by WHO Regions and World Bank income group classification





https://worldhealthorg.shinyapps.io/glass-dashboard/\_

Total antibiotic use expressed as DDD per 1000 inhabitants per day in 60 CTAs in 2022, globally and by WHO Regions and World Bank income group classification





https://worldhealthorg.shinyapps.io/glass-dashboard/\_

Total antibiotic use expressed as DDD per 1000 inhabitants per day in 60 CTAs in 2022, globally and by WHO Regions and World Bank income group classification





https://worldhealthorg.shinyapps.io/glass-dashboard/\_

### Italy GLASS-AMU Country, territory or area profiles

### Antimicrobial use, for the period 2016 to 2022

### Use by antimicrobial classes in 2022

Antimicrobial classes	DDD/1000 inh./day
Antibiotics (ATC J01, A07AA, P01AB)	24.27
Antimycotics and antifungals for systemic use (ATC J02, D01B)	1.13
Antivirals for systemic use (ATC J05)	11.18
Drugs for the treatment of tuberculosis (ATC J04A)	0.10
Antimalarials (ATC P01B)	Not reported



### Use by antimicrobial classes, 2016-2022



Median total AMU in 60 CTAs in 2022 was 18.3 DID (GLASS-AMU)





## Antimicrobial consumption in the EU/EEA (ESAC-Net)

Figure 1. Community consumption of antibacterials for systemic use (ATC group J01), by country, EU/EEA countries, 2020 (expressed as DDD per 1 000 inhabitants per day)



 Mean consumption of antibacterials for systemic use in 2023\*:20.0 DDD per 1000 inhabitants per day

• Country range: 9.6–28.5

• Italy: 23.1 DID

\*community and hospital sector combined

https://www.ecdc.europa.eu/en/publications-data/surveillance-antimicrobial-consumption-europe-2020 https://www.ecdc.europa.eu/sites/default/files/documents/ESAC-Net\_report-2023.pdf But what about quality of use ?



The WHO Model List of Essential Medicines (EML)

- Updated every two years by the Expert Committee on Selection and Use of Essential Medicines
- First EML published in 1977
  - First EML for children published in 2007
- Since 2017 extensive update / review of antibiotics on the EML
  - In the context of WHO's global action plan on antimicrobial resistance



# 1977

## First EML

16 antibiotics
 (of 240 medicines ≈ 7%)

In a report<sup>1</sup> to the Twenty-eighth World Health Assembly in 1975, the Director-General reviewed the main drug problems facing the developing countries and outlined possible new drug policies. The Director-General also referred to the experience gained in some countries where schemes of basic or essential drugs had been implemented. Such schemes were intended to extend the accessibility of the most necessary drugs to those populations whose basic health needs could not be met by the existing supply system. The Director-General pointed out that the selection of these essential drugs would depend on the health needs and on the structure and development of health services of each country, and that lists of essential drugs should be drawn up locally, and periodically updated, with the advice of experts in public health, medicine, pharmacology, pharmacy and drug management. He also considered that adequate information on the properties, indications and use of the drugs listed should be provided. By resolution WHA28.66, the Health Assembly requested the Director-General to implement the proposals contained in his report and, in particular, to advise Member States on the selection and procurement, at reasonable cost, of essential drugs of established quality corresponding to their national health needs.

### Antibacterial drugs

ampicillin (1) \* benzathine benzylpenicillin (5) \* benzylpenicillin \*

chloramphenicol (7) \* \* cloxacillin (penicillinase-resistant, 1) erythromycin \* gentamicin (4) \* phenoxymethylpenicillin \* salazosulfapyridine sulfadimidine (1) sulfamethoxazole + trimethoprim \* tetracycline (1, 4) \*

Complementary	
amikacin (1, 4, 10)	*
doxycycline (6, 5)	*
procaine benzyl- penicillin (7)	*
sulfadiazine (7, 8)	*
<b>*</b> On 2023 E	EML/c



### EML updates 2017 / 2019 / 2021



# Antibiotics on the EML

### Review of infections

- Frequent infections
  - Mostly community-acquired infections
  - Mostly empiric use
- Certain infections by specific pathogens – Syphilis, cholera, gonorrhea, shigellosis,...
- Review of systematic reviews and guidelines
- Selection of 1st and 2nd choice antibiotics — Efficacy, safety, impact on antibiotic resistance



# 2023

# 24<sup>th</sup> EML

41 antibiotics (EMLc 37)

### (of 502 medicines ≈ 8%)

SIXTY-EIGHTH WORLD HEALTH ASSEMBLY WHA68.7 Agenda item 15.1 26 May 2015 Global action plan on antimicrobial resistance

#### The Sixty-eighth World Health Assembly,

Having considered the summary report on progress made in implementing resolution WHA67.25 on antimicrobial resistance and the report on the draft global action plan on antimicrobial resistance,<sup>1</sup>

Recalling resolutions WHA39.27 and WHA47.13 on the rational use of drugs, resolution WHA51.17 on emerging and other communicable diseases: antimicrobial resistance, resolution WHA54.14 on global health security: epidemic alert and response, resolution WHA58.27 on improving the containment of antimicrobial resistance, resolution WHA60.16 on progress in the rational use of medicines and resolution WHA66.22 on follow up of the report of the Consultative Expert Working Group on Research and Development: Financing and Coordination and WHA67.25 on antimicrobial resistance;

CCESS	V
ROUP	G
Amikacin	
Amovicillin	

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Amoxicillin Amoxicillin/clavulanic-acid Ampicillin Benzathine-benzylpenicillin Benzylpenicillin Cefalexin Cefazolin Chloramphenicol Clindamycin Cloxacillin Doxycycline Gentamicin Metronidazole Nitrofurantoin Phenoxymethylpenicillin Procaine-benzylpenicillin Spectinomycin Sulfamethoxazole/TMP Trimethoprim

Azithromycin Cefixime Cefotaxime Ceftazidime Ceftriaxone Cefuroxime Ciprofloxacin Clarithromycin Meropenem Piperacillin/tazobactam Vancomycin (IV and oral) Cefiderocol Ceftolozane/tazobactam Ceftazidime/avibactam Colistin (IV) Fosfomycin (IV) Linezolid Meropenem/vaborbactam Plazomicin Polymyxin B (IV) Tedizolid



#### 18 June 2025

The selection and use of essential medicines

2023

Web Annex A

World Health Organization

Model List of Essential Medicines

23rd list

(2023)

orld Health

## AWARE : Antibiotics are categorized into three groups



# Not-recommended antibiotics (Fixed-dose combinations)

Table 1. Categories of antibiotic Fixed Dose Combinations (FDCs).

FDC types	Standard Unite sold	Number of FDCs
Aminopenicillin / $\beta$ -lactamase inhibitor //- other agents	8.60 x 10 <sup>9</sup>	8
Sulphonamides/trimethoprim+/- other agents	3.62 x 10 <sup>9</sup>	9
Aminopenicillin / β-lactamase resistant penicillin +/- other agents	1.54 x 10 <sup>9</sup>	21
Antipseudomonal penicillin /β-lactamase inhibitor	0.95 x 10 <sup>9</sup>	4
$3^{rd}-4^{th}-5^{th}$ gen. cephalosporins / $\beta$ -lactamase inhibitor +/- other agents	0.55 x 10 <sup>9</sup>	15
Cephalosporins / fluoroquinolones	0.40 x 10 <sup>9</sup>	6
$1^{st}-2^{nd}$ gen. cephalosporins / $\beta$ -lactamase inhibitor +/- other agents	0.26 x 10 <sup>9</sup>	8
Macrolide/ 5-nitroimidazole	0.24 x 10 <sup>9</sup>	3
Macrolide/cephalosporin+/-other agents	0.21 x 10 <sup>9</sup>	3
Cephalosporin/ β-lactamase resistant penicillin +/- other agents	0.10 x 10 <sup>9</sup>	7
Cephalosporin/trimethoprim	0.09 x 10 <sup>9</sup>	2
Cephalosporin/oxazolidinone	0.04 x 10 <sup>9</sup>	2
Fluoroquinolone/ 5-nitroimidazole	0.04 x 10 <sup>9</sup>	8
Macrolide / fluoroquinolone +/- other agents	0.04 x 10 <sup>9</sup>	2
Cephalosporin/5-nitroimidazole	0.03 x 10 <sup>9</sup>	1
Other combinations	0.01 x 10 <sup>9</sup>	20

- Analysis of IQVIA-MIDAS<sup>®</sup> data for antibiotic FDCs from 75 countries in 2015
- 22% of total antibiotic consumption in 2015
- 92% (110/119) were not approved by the US FDA
- >80% not compatible with EML

### Fig. 6. Distribution of proportional antibiotic use by AWaRe classification in 60 CTAs in 2022



WHO's essential medicines and AWaRe: recommendations on first- and second-choice antibiotics for empiric treatment of clinical infections

Clinical Microbiology and Infection Volume 30, Supplement 2, April 2024, Pages S1-S51



\*The review of the evidence was performed at the WHO collaborating centre at McMaster University (Hamilton, Canada) for all infections except enteric fever (Centre for Tropical Medicine and Global Health, University of Oxford) and surgical prophylaxis (WHO department of Service Delivery and Safety)

\*\*New indications added (2019: oral and dental infections, enteric fever and surgical prophylaxis; 2021: eye infections and bronchitis)
WG: Working Group; EC: Expert Committee

## WHO AWaRe classification Evolution

### In 2019 major revision

- AWaRe extended beyond the EML
- Listing of specific molecules (not classes)
- Classification of most antibiotics classified as "Other" before

### In 2021 and 2023

Addition of further Reserve antibiotics

### Plans for **2027**

Better definition of the different classes (notably Reserve and Watch)

# Antibiotics on the 2023 EML by AWaRe category

Amikacin Amoxicillin Amoxicillin/clavulanic-acid Ampicillin Benzathine-benzylpenicillin Benzylpenicillin Cefalexin Cefazolin Chloramphenicol Clindamycin Cloxacillin Doxycycline Gentamicin Metronidazole Nitrofurantoin Phenoxymethylpenicillin Procaine-benzylpenicillin Spectinomycin Sulfamethoxazole/TMP Trimethoprim





What is the evidence base for

e

8

### Risk of resistance by AWARE category: results from a systematic review

### Sulis et al. Clin Microbiol Infect. 2022 Mar 23;S1198-743X(22)00153-7.



Any antibiotic treatment is associated with an increased risk of being colonized or infected with antibiotic-resistant bacteria

This risk is higher for **Reserve** and **Watch** antibiotics than for Access antibiotics



# Overlap with medically important antibiotics

Fig. 1. Prioritization of antimicrobial classes in the WHO MIA List



#### Table 1. Antimicrobials grouped according to authorized use

Medically important antimicrobials			Not medically important			
Authorized for use i	in humans only	Authorized for both humans and animals		Not authorized in		
Class	Class	Catego	Categorization of categorization of antimicrobials antimicrobials			humans
		HPCIA	CIA	НІА	IA	
Aminoglycosides (plazomicin)	Lipopeptides	Cephalosporins (3rd, 4th generation)	Aminoglycosides	Amphenicols	Aminocyclitols	Aminocoumarins
Aminomethycyclines	Macrolides 18-membered ring (fidaxomicin)	Quinolones	Ansamycins	Cephalosporins (1 <sup>st</sup> - and 2 <sup>nd</sup> -generation) and cephamycins	Cyclic polypeptides	Arsenicals
Anti-pseudomonal penicillins (carboxypenicillin and ureidopenicillin)	Monobactams	Polymyxins	Macrolides (14-, 15-, 16-membered ring)	Lincosamides	Heterocyclic compounds	Bicyclomycins
	Oxazolidinones	Phosphonic acid derivatives		Nitroimidazoles	Hydroxyquinoline	Orthosomycins
with β-lactamase inhibitors		derivatives		Tetracyclines		
Carbapenems with or without β-lactamase inhibitors	Riminofenazines			Penicillins (amidinopenicillins and aminopenicillins)	Pleuromutilins	Phosphoglycolipids
Cephalosporins (3rd-, 4th- and 5th-generation with β-lactamase inhibitors)	Sulfones			Penicillins (aminopenicillins with β-lactamase inhibitors)	Nitrofuran derivatives	Ionophores (includin polyethers)
Cephalosporins (5th-generation)	Glycopeptides and lipoglycopeptides			Penicillins (anti-staphylococcal)		Quinoxalines



### WHO List of Medically Important Antimicrobials

A risk management tool for mitigating antimicrobial resistance due to non-human use

Previously known as the WHO Critically Important Antimicrobial List for Human Medicine



### Country Self-Assessment Survey (TrACSS)





#### 18 June 2025

### https://amrcountryprogress.org/#/map-view



### Increasing the use of the WHO AWaRe system in antibiotic surveillance and stewardship programmes in low- and middle-income countries

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**Introduction:** Antimicrobial resistance (AMR) presents a major global health threat, driven in part by the inappropriate use of antibiotics including in low- and middle-income countries (LMICs). Improving the quality of antibiotic use is a key rationale for the development of the WHO's AWaRe (Access, Watch and Reserve) system. There is a need to review the uptake of the AWaRe system since its launch to guide future practice.

**Methods:** A literature search was conducted between 2017, the launch of AWaRe, and 2024. Inclusion criteria were studies that reported on antibiotic use in LMICs using the AWaRe system.

**Results:** Eighty-five studies were included in the review, of which 56.4% focused on antibiotic use trends, with 28.2% reporting on prescribing patterns; 51.7% of the studies included inpatients. Only 14.1% of studies reported meeting the 2024 United Nations General Assembly (UNGA) AMR recommended target of at least 70% of human antibiotic use being Access antibiotics, with a concerning trend of overuse of Watch antibiotics (68.2% of studies). Dispensing practices revealed significant dispensing of antibiotics without prescriptions especially in Pakistan and Bangladesh. Watch antibiotics were more available but also more expensive than Access antibiotics.

**Conclusions:** Encouragingly, many LMICs are now reporting antibiotic use via the AWaRe system, including in antimicrobial stewardship programmes (ASPs). Wide variation exists in the proportion of AWaRe antibiotics used across LMICs, with overuse of Watch antibiotics. There is an urgent need for targeted AWaRe-based ASPs in LMICs to meet recent UNGA recommendations. Improving the use, availability and affordability of Access antibiotics is essential to combat AMR.



# Appropriate use of essential medicines

### It is not enough that essential medicines are available and affordable

• They must be used appropriately

In a report<sup>1</sup> to the Twenty-eighth World Health Assembly in 1975, the Director-General reviewed the main drug problems facing the developing countries and outlined possible new drug policies. The Director-General also referred to the experience gained in some countries where schemes of basic or essential drugs had been implemented. Such schemes were intended to extend the accessibility of the most necessary drugs to those populations whose basic health needs could not be met by the existing supply system. The Director-General pointed out that the selection of these essential drugs would depend on the health needs and on the structure and development of health services of each country, and that lists of essential drugs should be drawn up/ locally, and periodically updated, with the advice of experts in public health, medicine, pharmacology, pharmacy and drug management. He also considered that adequate information on the properties, indications. and use of the drugs listed should be provided. By resolution WHA28.66, the Health Assembly requested the Director-General to implement the proposals contained in his report and, in particular, to advise Member States on the selection and procurement, at reasonable cost, of essential drugs of established quality corresponding to their national health needs.

*"He also considered that adequate information on the properties, Indications and <u>use of the drugs listed should be provided"</u>* 



Dr Halfdan Mahler (WHO DG 1973-1988)





Hospitals







## The WHO AWARE Antibiotic Book





### Manuale antibiotici AWaRe (Access, Watch, Reserve)

F

Edizione italiana del "The WHO AWaRe Antibiotic Book"



Segni e Sintomi

(1 punto ciascuno)

O Febbre > 38,0 °C

O Linfoadenite cervicale

anteriore dolente

O No tosse

Faringite

ž≣ Sistema di punteggio clinico Centor

Questo sistema può aiutare a indicare

se sono necessari antibiotici

solo in contesti ad alto reddito

l'origine dell'infezione (batterica o virale) e

Tuttavia, anche con un punteggio elevato di 4, la probabilità di infezione da GAS è solo del

50%; inoltre questo punteggio è stato validato

Pagina 2 di 2





ADULTI

Punteggio 0-2
 Improbabile faringite da GAS

Solo trattamento sintomatico

Puntoggio 3-4 - In caso di basso rischio di RF (es. paesi con bassa prevalenza di RF)

 Il trattamento antibiotico può essere sospeso anche in casi di probabile faringite da GAS

Puntoggio 3-4 - In caso di basso rischio di RF (es. paesi con prevalenza medio/alta di RF)

https://www.aifa.gov.it/documents/20142/1811463/Manuale\_antibiotici\_AWaRe.pdf



## WHO **AWaRe** antibiotic book



To provide simple guidance on <u>"HOW TO USE"</u> the antibiotics on the EML to manage common infections

Guidance for 34 common infections, surgical prophylaxis and use of Reserve antibiotics; **primary care** and **facility / hospital setting**, in **children and adults**.

### Recommendations on empiric antibiotic treatment

(i.e., presumptive diagnosis not requiring any laboratory diagnostic)

Includes guidance on making the clinical **Diagnosis**, the **Decision** if antibiotic needed, the choice of **Drug, Dose, Duration** 

**Short summaries of key features** of microbiology, epidemiology, clinical presentation, diagnostics (in collaboration with EDL) and prevention

Target audience: all health professionals giving antibiotics



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Web Annex A. WHO AWaRe (Access, Watch, Reserve) antibiotic book infographics

### Primary Health Care



### Hospitals







### INFOGRAPHICS

### 1 CHILDREN

PRIMARY HEALTH CARE 
12. Community-acquired pneumonia – mild

### **Community-acquired pneumonia**

Page 1 of 2

#### ? Definition

An acute illness affecting the lungs usually presenting with cough, and rapid and difficult breathing with a new or worsening pulmonary infiltrate on a chest radiograph

### Most Likely Pathogens

#### "Typical" bacteria:

 Streptococcus pneumoniae (most common cause of CAP) beyond the 1st week of life) Haemophilus influenzae Moraxella catarrhalis Staphylococcus aureus Enterobacterales "Atypical" pathogens (more frequent in children >5 years compared to younger children): Mycoplasma pneumoniae Chlamydophilapneumoniae **Respiratory viruses:**  Respiratory syncytial virus (RSV) Influenza viruses (A and B) Metapneumovirus Para influenza virus Coronavirus (including SARS-CoV-2) Adenovirus Rhinovirus Other respiratory viruses

#### Investigating for Tuberculosis (TB)

Consider specific investigations for TB in endemic settings especially in high-risk patients (e.g. HIV)

 A rapid molecular test performed on a single sputum specimen is the preferred first line diagnostic test for pulmonary TB and to detect rifampicin resistance

#### 🕑 Diagnosis

#### Clinical Presentation

 New onset (<2 weeks) or worsening cough with fever (>38.0° C), dyspnea, tachypnea, reduced oxygen saturation, crepitations, cyanosis, grunting, nasal flaring, pallor
 Pneumonia is diagnosed on: fast breathing for age and/or chest indrawing

- Check for hypoxia with oxygen saturometer if available

Children with runny nose and cough and no signs of severity usually do not have pneumonia and should not receive an antibiotic, only home care advice

### Aicrobiology Tests

Mid cases: usually not needed Severe cases (to guide antimicrobial treatment): blood cultures Tests for COVID-19 and influenza can be considered if dinically indicated and available

### Other Laboratory Tests

No test clearly differentiates viral or bacterial CAP Consider: full blood count and C-reactive protein Note: tests depend on availability and clinical severity (e.g. blood gases will only be donein severe cases)

### 🔘 Imaging

Chest X-ray not necessary in mild cases
 Look for lobar consolidation or pleural effusion
 Radiologic appearance cannot be used to accurately
predict pathogen

#### PRIMARY HEALTH CARE 12. Community-acquired pneumonia – mild

### 1 CHILDREN

### **Community-acquired pneumonia**

#### Page 2 of 2

### Ø≓ Severity Assessment and Ø= Considerations

#### Children with pneumonia:

 Should be treated with oral amoxicillin at home with home care advice

Pneumonia is diagnosed on either:

 Fast breathing (respiratory rate > 50 breaths/minute in children aged 2-11 months; resp rate > 40 breaths/min in children aged 1-5 years)
 Chest indrawing

Children with severe pneumonia (or a child with pneumonia who cannot tole rate oral antibiotics):

### Should be admitted to hospital and treated with intravenous antibiotics

Severe pneumonia is characterized by signs of pneumonia:
 Fast breathing (+/- chest indrawing)

PLUS - Ageneral danger sign:

Inability to breastfeed or drink
 Convulsions
 Lethargy or reduced level of considousness
 Severe respiratory distress

### 🕈 Antibiotic Treatment Duration

3 days: in are as of low HIV prevalence and no chest indrawing 5 days: in are as of high HIV prevalence and the child has chest indrawing If severe disease, consider longer treatment and look for complications such as empyema, if patient not dinically stable at day 5

### Rr Mild to Moderate Cases

All dos ages are for normal renal function

10-<15 kg

15-<20 kg

≥ 20 kg

500 mg q12h

750 mg q12h

500 mg q8h or 1 g q 12h



06/18/2025

# **(1)** Book

The WHO AWaRe (Access, Watch, Reserve) antibiotic book

PRIMARY HEALTH CARE

### 12. Community-acquired pneumonia – mild

#### ✓ Key messages

- Rapidly decide if the patient has mild community-acquired pneumonia (CAP), which can be managed in primary care with oral antibiotic treatment, or severe CAP, which has a higher short-term mortality risk and requires hospital admission. Scores can be helpful to make this distinction.
- Clinically relevant high-level beta-lactam resistance in Streptococcus pneumoniae (the main bacterial cause of CAP) is rare in most countries and oral Access group penicillins (amoxicillin, phenoxymethylpenicillin) remain first choice for mild and moderate cases of CAP.
- Laboratory tests are usually not needed in mild cases.
- Treatment duration can be limited to 5 days in most cases (3 days in children in areas of low prevalence of human immunodeficiency virus (HIV)).

#### Other relevant WHO resources (please check regularly for updates)

- Pocket book of hospital care for children: guidelines for the management of common childhood illnesses, 2013 (31).
- Revised WHO classification and treatment of pneumonia in children at health facilities: evidence summaries (118).
- Coronavirus disease (COVID-19) pandemic (32).
- Living guidance for clinical management of COVID-19: living guidance, 23 November 2021 (33).
- Therapeutics and COVID-19: living guideline, 16 September 2022 (34).
- Pneumococcal conjugate vaccines in infants and children under 5 years of age: WHO position paper – February 2019 (35).
- Haemophilus influenzae type b (Hib) vaccination position paper July 2013: Introduction (36).
- Vaccines against influenza WHO position paper May 2022 (37).
- WHO consolidated guidelines on tuberculosis: module 4: treatment: drug-susceptible tuberculosis treatment (119).

# (2) Infographics

INFUGRAI	PHICS
	PRIMARY HEAL
CHILDREN ute otitis media	5. Acute ott
C Treatment	Antibiotic Treatment Duration
symptomatically with no antibiotic treatment, especially in children 2 years of age - instruct caregivers to monitor symptoms and sport backin care they worsen/peniat after few days Antibiotics should be considered if: Severe symptomic (g., systemically very unwell, ear pair	
despite analgesics, fever 239.0°C) • Immunocompromised children • Bilateral acute otitis media in children <2 years	All desages are for normal renal function First Choice  Amadellin 80-90 mg/kg/day ORAL
despite analgesics, fever >39.0°C) - Immunocompromised children	Fint Choice           • Oral weight bands:           • Oral weight bands:
despte analgesice, fever 239.07C) - Immancomprised children - Bilateral acute ottis media in children <2 years Redicines are listed in alphabetisal order and should be considered qualitrastment appins Bugrofen (do not use if <3 months of age) - Pain control/antipyretic. >10 mg/kg.qe-dh - Ord weight bands:	First Choice           Imade:IIIn 80-90 mg/kg/day OBAL           - Oral weight bands:           3-c6 kg         250 mg/l2h           -c10 kg         35 mg/l2h
despte analgesic, fever 339.0°C) - Immancomponised children - Blateral acute ottis media in children <2 years R Symptomatic Treatment Medicines are listed in alphabetical order and should be considered qualitrastment options - Pain control antipy settic. 5-10 mon(ha of age) - Pain control antipy settic. 5-10 mon(ha of age)	Fint Choice           Annoicillin 80-90 mg/tg/day ORAL           - Oral veright bands:           3-ds tig         250 mg/tg/2h           6-c10 kg         375 mg/tg/2h           10-c15 kg         500 mg/tg/2h           15-c20 kg         757 mg/tg/2h           2-c0 kg         750 mg/tg/2h           2-20 kg         500 mg/tg/hort 1 g/tg/2h

# (3) App

Rovid Health Organization	R	Draft 🔓 Sign-in	
← Peo	liatric Guidance		
Primary I	lealth Care		
T Bro	nchitis	<i>→</i>	
Y Ac	ute Otitis Media	<i>→</i>	
( Bertel Organi	tith 🕴 🕇 R	Draft	🔓 Sign-ir
	AOM - Antibiotic T	reatment	
	Note		
	Many children with mild infectio be managed with symptomatic o		se can
	Antibiotic treatment is not require (see "Clinical Considerations" wh		
	All dosages are for normal renal f	unction	
	Antibiotic Treatment Durati	on	
	5 days		
-	irst Choice		
	Amoxicillin 80-90 mg/kg/d	ay ORAL	→
	Oral weight bands:         3-<6 kg: 250 mg twice dail         6-<10 kg: 375 mg twice da         10-<15 kg: 500 mg twice d         15-<20 kg: 750 mg twice d         ≥20 kg: 500 mg three times         4	ily aily aily	

### Contraction of the second states

# Local adaptation
### https://firstline.org/aifa



Firstline

Insieme per un uso responsabile degli antibiotici

#### Firstline è gratuito ed è rivolto principalmente agli operatori sanitari

#### Puoi iniziare adesso:

1. Scarica Firstline sul cellulare o accedi alla versione per il web 2. Fai clic su "Seleziona posizione" e scegli "Agenzia Italiana del Farmaco"

 Accedi alle raccomandazioni dell'OMS adattate al contesto epidemiologico e alla disponibilità di farmaci in Italia.

Ricorda che gli antibiotici sono farmaci soggetti a prescrizione







Craig et al. Bull World Health Organ. 2022 Jan 1;100(1):50-59.

# AWaRe antibiotic book - enteric fever

 "In settings where ceftriaxoneresistance is increasing,

azithromycin should be prioritized.

Outbreaks of enteric fever caused by

extensively antibiotic-resistant

Salmonella Typhi have been reported,

for example, in Pakistan since 2016 and

in travel-related cases across the world."





## Local adaptation of the AWaRe antibiotic book

Align with / update the national list of essential medicines and existing guidelines

involve and engage key national stakeholders from all relevant areas

Use the book for education of healthcare professionals

Avoid the temptation to prolong duration

Try to keep other antimicrobial stewardship principles (Access, parsimony)



Develop a strategy on how to implement the guidance







FIGURE 1

Integrated approach to optimizing use of antimicrobials towards universal health coverage



ANTIMICROBIAL STEWARDSHIP PROGRAMMES

IN HEALTH-CARE FACILITIES IN LOW- AND

# AWaRe indicators and targets







Target ≥60% of total antibiotic consumption\* being Access group antibiotics (GPW13 target 4b)

WHO's 13<sup>th</sup> General Program of Work antibiotic use indicator



06/18/2025

\*ATC/DDD methodology; ATC classes: A07AA, J01, and P01AB

# Why 60% ?



Percentage antibiotic use of child-appropriate oral formulations according to WHO AWaRe grouping

# Absolute consumption of **Watch** antibiotics 2000–2015





Klein et al. Lancet Infect Dis. 2021 Jan;21(1):107-115.



## Could the target be even higher than 60% Access ?

Infection	Can it be safely treated without antibiotics?	Type of antibiotic (if indicated)
Bronchitis	Yes	
COPD exacerbations	Yes, in most mild cases	Access
Dental infections	Yes, in most mild cases	Access
Otitis media	Yes, in most mild cases	Access
Pharyngitis	Yes, in most mild cases	Access
Sinusitis	Yes, in most mild cases	Access
Skin and soft tissue infections (mild)	Only for certain conditions and in certain patients	Access
Urinary tract infection (lower)	Only in a few patients with no risk factors for complicated infections	Access
Acute Bloody Diarrhoea	Antibiotics are usually indicated if significant bloody diarrhea	Watch
Community acquired pneumonia (mild to moderate)	No	Access

Recommended treatment for common primary care infections in the AWaRe antibiotic book

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#### Setting a realistic AWaRe target for Published Onlin primary care antibiotic January 6, 2023 https://doi.org/10.1016/ \$1473-3099(23)00002-6 Use in LMICs

We welcome the WHO AWaRe (Access/ Watch/Reserve) Antibiotic Book, released on Dec 9, 2022. Sharland and colleagues' proposed two antibiotic use targets that could support its introduction and the evaluation of complaints without diarrhoea its effectiveness, as follows: 90% of (15 [8%] of 200 courses), skin

infections requiring an antibiotic in primary health care can be treated with oral Access antibiotics rather than broad spectrum Watch antibiotics and more than 50% of minor infections can be treated without antibiotics. In lowincome and middle-income countries, use of Watch antibiotics has been rapidly increasing,2 yet after careful clinical evaluation, three-quarters of Watch antibiotics could be discontinued or replaced by Access antibiotics.3 A complication is that self-medication with antibiotics is frequent; more than 50% of populations in African countries reported self-medication with antibiotics,4 limiting the impact of guidance targeting health centres. To evaluate whether the (Watch) antibiotic use targets are realistic, we analysed data from patient surveys after visits to (private and public) health centres and over-the-counter dispensing in (private and public) medicine stores in November and December, 2021. in Nanoro health district, Burkina Faso, and November, 2019, in Kisantu healthzone, DR Congo,5 and estimated the proportion of Watch antibiotic use that could be averted by applying the treatment guidelines in the WHO

AWaRe Antibiotic Book (appendix p 1). In primary health centres, 638 (60%) of 1062 patients in Burkina Faso and 297 (80%) of 371 patients in DR Congo used antibiotics, whereas 87 (8%) and 113 (30%) used Watch antibiotics, respectively, Malaria, which is not in the WHO AWaRe Antibiotic Book, accounted for the use of 79 (40%) of 200 Watch antibiotic courses in health centres. Patients' clinical evolution after antimalarial treatment is generally

not reassessed, so potential coinfections are treated simultaneously during a single visit, perhaps with consideration that severe malaria is a known risk factor for invasive non-Typhi salmonella infection, which underlies most bloodstream infections in both countries.<sup>6</sup> For gastrointestinal

infection (15 [8%] of 200 courses), and bronchitis (12 [6%] of 200 courses). Watch antibiotics were used but not indicated. The prevalence of Watch antibiotic use as self-medication (55 [7%] of 757 courses in Burkina Faso and 63 [14%] of 440 courses in DR Congo) was lower than reported in health centres but still significant (appendix p 3). Adhering to the AWaRe Antibiotic

Book, 69% of Watch antibiotic use in Burkina Faso and 75% of Watch antibiotic use in DR Congo could be replaced by Access antibiotics or no antibiotic use, which implies that the 90% Access target is theoretically attainable in both countries. Similarly, the proportion of Access antibiotics from self-medication (80% in Burkina Faso and 69% in DR Congo) could increase when 66% and 60% of Watch antibiotic use, respectively, is avoided. The WHO AWaRe Antibiotic Book has great potential to optimise antibiotic use in primary care, foremost when at once regulating or guiding overthe-counter dispensing of Watch antibiotics, and facilitating follow-up of patients' clinical evolution. We declare no competing interests

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Sharland M, Cappello B, Ombajo LA, et al. The WHO AWaRe Antibiotic Book: providin guidance on optimal use and informing policy. Lancet Infect Dis 2022; 22: 1528-30. Klein EY, Milkowska-Shibata M, Tseng KK, et al. Assessment of WHO antibiotic consumption and access targets in 76 countries, 2000-15: an analysis of pharmaceutical sales data. Lancet Infect Dis 2021; 21: 107-15. Ingelbeen B. Koirala KD. Verdonck K. et al. Antibiotic use prior to seeking medical care in patients with persistent fever: a cross-sectional study in four low- and middle-income countries. Clin Microbiol Infect 2021-27:1293-300.

"To evaluate whether the (Watch) antibiotic use targets are realistic, we analysed data from patient surveys after visits to (private and public) health centres and over-the-counter dispensing in (private and public) medicine stores ... in Nanoro health district, Burkina Faso, and ... in Kisantu healthzone,

DR Congo, and estimated the proportion of Watch antibiotic use that could be averted by applying the treatment guidelines in the WHO AWaRe Antibiotic Book"

"Adhering to the AWaRe Antibiotic Book, 69% of Watch antibiotic use in Burkina Faso and 75% of Watch antibiotic use in DR Congo could be replaced by Access antibiotics or no antibiotic use, which implies that the 90% Access target is theoretically attainable in both countries."

www.thelancet.com/infection Vol 23 February 2023

Ingelbeen et al. Lancet Infect Dis. 2023 Feb;23(2):152-153.



"Ensure, by 2030, that the use of WHO Access group antibiotics is expanded from the 2023 global target, and in that regard, taking into account national contexts, aim to achieve at least 70 per cent overall human antibiotic use globally, through investing in and strengthening stewardship programmes"

> Political Declaration of the High-level Meeting on Antimicrobial Resistance (September 2024)

Proportion of the global volume of antibiotics reported by 60 countries, territories and areas in 2022 by WHO AWaRe classification





Distribution of the proportional antibiotic use by AWaRe classification in 60 countries, territories and areas in 2022





Countries, territories and areas meeting the GP 2023 60% Access target and the UNGA 2030 70% Access target by WHO Regions, World Bank income group classification and level of antibiotic use in 60 CTAs in 2022

	CTAs	60% antibiotic use being Access	70% antibiotic use being Access
	n	n (%)	n (%)
Global	60	35 (58.3)	19 (31.7)
WHO Regions			
African	8	5 (62.5)	5 (62.5)
Eastern Mediterranean	9	4 (44.4)	1 (11.1)
European	32	18 (56.2)	9 (28.1)
Americas	3	3 (100)	1 (33.3)
South-East Asia	4	1 (25)	1 (25)
Western Pacific	4	4 (100)	2 (50)
Income level			
High	31	22 (71)	11 (35.5)
Upper middle	11	5 (45.5)	2 (18.2)
Lower middle	14	6 (42.9)	4 (28.6)
Low	4	2 (50)	2 (50)
Level of total antibiotic use			
Below 25 <sup>th</sup> percentile	15	11 (66.7)	6 (40.0)
Between 25 <sup>th</sup> - 75 <sup>th</sup> percentile	30	20 (73.3)	11 (36.7)
Above 75 <sup>th</sup> percentile	15	4 (26.7)	2 (13.3)



#### Italy GLASS-AMU Country, territory or area profiles

#### Antimicrobial use, for the period 2016 to 2022





Fig. 6. Distribution of proportional antibiotic use by AWaRe classification in 60 CTAs in 2022



Antibacterial agent (ATC code)	Austria Beleium	Bulgaria	Croatia	Cyprus Denmark	Estonia	France	Greece	Hungary Iceland	Ireland	Latvia	Lithuania	Luxembourg Malta	Netherlands Norway Poland Portugal Slovakia Slovenia Spain Sweden United Kingdom Albania	an nd He tan gro s of Ma Federa an	EU/EEA WHO/AMC
Amoxicillin/enzyme inhibitor (J01CR02)		3	1	1 4	1 6	2 4	1	1 3	1 1	3	3	1 1	Infection	Can it be safely treated	Type of antibiotic
Amoxicillin (J01CA04)	6 2	2	3 :	5 5	3 2	1 1	3	8 2	2 3	1	1	2		-	
Doxycycline (J01AA02)	-	6	5 .	3 6	4 1	3 3	5	5 1	4	2	4	5 7	(in alphabetical order)	without antibiotics?	(if indicated)
Nitrofurantoin (J01XE01)			7						6	-	5		Bronchitis	Yes	
ulfamethoxazole/Trimethoprim (J01EE01)						6	-	4	-	6			-		
Phenoxymethylpenicillin (J01CE02)				1	2	5		2	1	-			COPD exacerbations	Yes, in most mild cases	Access
Pivmecillinam (J01CA08) Flucloxacillin (J01CF05)				4	9			0	5	-			Dental infections	Yes, in most mild cases	Access
Cefalexin (J01DB01)					3				5				Dental Infections	res, in most mild cases	Access
Trimethoprim (J01EA01)				7	8										
Clindamycin (J01FF01)					0	8		6							
Metronidazole (P01AB01)													Otitis media	Yes, in most mild cases	Access
Tetracycline (J01AA07)															
Ampicillin (J01CA01)															
Dicloxacillin (J01CF01)				3									Pharyngitis	Yes, in most mild cases	Access
Roxithromycin (J01FA06)				7									r nai yrigitis	res, in most mild cases	Access
Azithromycin (J01FA10)	3 4	5	4			5 9		3 7	5			4			
Clarithromycin (J01FA09)		4	6 (	6	2		4		3 2	4	2	4 2			
Ciprofloxacin (J01MA02)					6	7	6	7		5		6 5	Sinusitis	Yes, in most mild cases	Access
Ceturoxime (J01DC02)	4 5	1	2 .	2	2	2	2	2	_	_		5 5	8		
Levofloxacin (J01MA12)	-	7		4				4	4	ł.		6			
Lymecycline (J01AA04)					7					-			Skin and soft tissue	Only for certain conditions	Access
Cefixime (J01DD08)									6	_				•	ACCC33
Erythromycin (J01FA01)									-	-			infections (mild)	and in certain patients	
Cefaclor (J01DC04) Cefdinir (J01DD15)															
Pristinamycin (J01FG01)						4							<ul> <li>Urinary tract infection</li> </ul>	Only in a few patients with no	Access
Ofloxacin (J01MA01)						7			1	Ê			(lower) risk factors for complicated		
Spiramycin/Metronidazole (J01RA04)						6							(		
Rifampicin (J04AB02)														infections	
Methenamine (J01XX05)					4								1 4		3
Furazidin (J01XE03)													4	7	2
Nitroxoline (J01XX07)														9	

Ţ

Robertson et al. Front Pharmacol. 2021 Jun 17;12:639207.

# Which country uses antibiotics more appropriately ?



## Overall use also needs to be considered



Relative use of Access antibiotic use compared to total use level expressed in DDD per 1000 inhabitants per day in 60 countries, territories and areas in 2022



- - Access target 60% - - Access target 70%





- The variation in antibiotic use among countries and the drivers of inappropriate use need to be better understood
- The AWaRe system provides evidence-based guidance on how to best use essential antibiotics
- The AWaRe antibiotic book can be used to develop or adapt national / local guidelines that are based on the AWaRe system
- The 70% Access target will need to be complemented by further indicators / targets to improve antibiotic use globally and control AMR



# Grazie mille!





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